



CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 30 Issue 6 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** June 2023

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

Special Events

Secretary Workshop – June 10, 2023 – Founders Day!
12:30-2:30, St. Matthews Church, San Andreas

Historical Factoids for the Month

1935 - June, in his Big Book story Dr Bob describes his 3-day binge at an AMA Meeting in Atlantic City, NJ. On returning to Akron, Bill helped him through three days of sobering up to prepare for a scheduled surgery. Dr Bob had his last drink on the day of the surgery outside Akron City Hospital. He gives the date as June 10, 1935. AA marks this date as the founding of the Fellowship.

1938 - June 15, recollection of the first use of the term "Alcoholics Anonymous" by Lois W.

1941 - June 30, Ruth Hock sent out AA Bulletin #3 announcing that over 4,400 letters had been answered in the three months since the Post article was published. Correspondence was being maintained with 116 cities (almost three times the number announced in January). At the end of the bulletin Ruth reported "One of our NY members clipped the following from the personal column of a NY paper and since it seems to 'hit the spot' here it is. GOD GRANT ME THE SERENITY TO ACCEPT THINGS I CANNOT CHANGE, COURAGE TO CHANGE THINGS I CAN, AND WISDOM TO KNOW THE: DIFFERENCE"

1944 - June, Volume 1, No. 1 of the Grapevine was published (1,200 copies). Cost of printing was \$125 (\$1,600 today)

CNIA District 30 Business Meeting

For meeting information within District 30, go to cni30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (209) 464-1594.

May Draft Minutes:

Open with the Serenity Prayer – Titia opened meeting at 10:04 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Michael S

Read the Declaration of Unity – Read by Harry T

Introduction of New GSRs or Visitors here for the first time:

- None

Celebrations or Announcements:

- None

Readings for the Month –

Sharing Sessions Format & Potential Action –

Titia

FAQ's #1, 3, 4 & 6 – Randy S.

Volunteers for next meeting –

- The Area Committee: Chair & Secretary pg. 26 & 27: Harry T.
- Registrar, Treasurer & Other Area Officers pg. 27 & 28: Brian S.
- Financial Support for Area pg. 30: Greg N.

Consideration of Minutes – April 8, 2023

Motion to Approve: Greg N A 1st– Harry T 2nd,
Motion carried.

Old Business:

- D30 Draft Guidelines – Not Approved – Need to add language to Web Site
- Final Planning for the Secretary's Workshop on June 10th, 2023, 12:30p – 2:30p. Flier, food, training materials – Terry & Carole
 - Titia will get Safety Cards & and Safety and AA Flyer for the meeting. We will have Founders Day cake for both the regular district meeting and the Secretary's Workshop

New Business:

- Area 07 Motion to Amend Prudent Reserve – Tabled
- Request to add a link from a Non-AA Addiction Resource to our Web Page
 - Agreed that non AA related material should NOT be posted to D-30 website
- Motion to change New/Old Business to Saturday (day 1) of all Area 07 Assemblies
 - Approved to bring a Motion to Area 07 that New/Old Business be placed on Saturday of Area Assemblies

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: I attended the Pre-Conference Assembly in Tracy on April 15, 2023. I had 3 written Group Conscience to turn over to the Delegate as these GSR's were unable to make the Assembly. I did not attend the Post Conference Assembly in Chico as I returned from vacation on that Saturday. The next and final Assembly of this panel will be the Election Assembly in Placerville, CA November 10 – 12, 2023.

ALT DCM: Greg N.

LCM North Amador Hwy 49: – Open

LCM Upper Amador Hwy 88: Cecilia S – No report.

LCM San Andreas – West Point: – Open.

LCM Valley Springs/Ione/Comanche: Dorothy S – No report

Recording Secretary/Publications: Mike C – No report
Treasurer: Randy S – Submitted report:

					April	2023
(1 April - 30 April)						
Group Contributions:						
Arnold Mountain High						\$ 119.00
Arnold We Are All Back Together						\$ 129.59
Copper Group						\$ 132.05
Copperopolis New Hope						\$ 122.65
Ione-Comanche						\$ 190.00
Jackson Fellowship						\$ 60.00
Mt. Ranch Fellowship						\$ 150.00
Murphys Brown Baggers						\$ 215.68
Murphys Monday Topic Discussion						\$ 49.10
Murphys Women's Book Study						\$ 113.97
7th Tradition at District Meeting						\$ 71.00
					Total Inflow	\$ 1,353.04
Expenses:						
District Storage						\$ 80.00
DCM Assembly Registration						\$ 15.00
DCM Copies						\$ 15.60
DCM Postage						\$ 3.65
DCM Mileage Area Assemblies						\$ 98.81
Treasurer Postage						\$ 63.00
District Meeting Supplie and Refreshments						\$ 36.47
					Total Outflow	\$ 312.53
					As of :	4/30/2023
Checking Account Balance						\$ 14,449.32
Savings Account Balance (Prudent Reserve)						\$ 3,008.44
					Total	\$ 17,457.76
Treasuer's Commentary:						
Year to date contributions from groups are exceeding budgeted contributions significantly.						
Actual expenses are less than budgeted.						

Motion 1st – Harry T / 2nd – Michael. Motioned passed
Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S – No report

Directory/Website Chair: Jim B / Mike C – No report

Archives Chair: Susan R: We discussed purchasing a couple of display boxes. I am looking into our options. We are getting ready for Unity Day look forward to seeing everybody.

Unity Day: Mike C – No report

Grapevine Chair: Paul C – No report

Bridging the Gap Chair: Arrah M – Did one presentation at Turning Point Rehab facility for 5 clients. Forwarded 4 Temporary Request Cards to our Area 7 BTG Rep., Brad E. Attended our Area 7 BTG Zoom meeting. Have arranged to do my first presentation at The Lakes Rehab facility on May 24th..

PI/PCP: Harry T – This month has been one of basic follow up with our local Calaveras County Meeting groups. We have made sure that they have plenty of the latest QR Code Meeting Guides, Q&A information inquiry and upcoming events. We are also reaching out to the Amador County Groups next month along the same guide lines. We plan to keep our DCM's informed via the District 30 Monthly meetings throughout the

summer months. We will be checking in with the Dignity Health San Andreas Regional Center this summer along with Behavioral Health in Jackson at the Sutter Health Hospital. Keeping AA upfront for the newcomer is our objective for the balance of this panel.

H&I Liaison Amador County :

H&I Liaison Calaveras County: No Report

YPAA – Young People in AA - Open

Responsibility Declaration: “I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible.” was recited by the Group. Meeting adjourned 11:45

Next Meeting: May 13, 2023 at 10:00 a.m. Hybrid on Zoom and St. Mathew's Church

GSR Reports via Email:

- **11th Step Meditation Meeting Murphy's – Suzy B** – No report
- **49er Group – Paul C – Friday night** – No report
- **Copper Group -- Diana F** – The group now has a new treasurer, all the necessary formalities have been taken care of with the bank. Have chosen not to relay information to the group regarding issues in New York until something helpful can be reported. Do not want to create opportunities for fear or negativity. Maybe later something can be said. In the meantime rely on both Jen and Titia to keep us on an even keel with report. Group still seems to be content with current status.
- **Easy Does It Group, San Andreas** – Dylan – No report
- **Friday Night Men's Group, Sutter Creek** – Brian G – No report
- **I'm With You Guys (White Pines Independence Hall)** – Randy S – Attendance regularly 12-18 each week with consistent participation by “Turning Point”, a recovery facility located in Arnold. Four newcomers at most recent meeting.
- **Ione Group** – Dorothy – Attendance continues to be good. Both meetings well attended 15 - 20 at regular meeting; 10 - 12 at book study.

Usually one or two newcomers every week. We voted at the March business meeting to distribute funds held over prudent reserve. \$450 sent to District 30, New York and CNIA. Hope to continue this practice on a more regularly. We were discussing a third meeting but has been put on hold for now. Many of our members attend other meetings, i.e. Jackson, Pine Grove or Valley Springs. Some of us continue to go to JF Zoom and make donations to that fellowship to help offset the cost to support Zoom.

- **Jackson** – Dede L – No report
- **Men's Freedom From Alcohol Group** – Greg A – No report
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch** – Amanda - The Mountain Ranch Fellowship welcomes all to partake in the celebration of Spring and sobriety, shared freely in this open meeting. We continue to gather Wednesday evenings at 7:00pm at the Lutheran church. Business meetings are observed on the third week of the month (following the meeting) and Birthday nights are celebrated on the last week of the month with a speaker, chips and HUGS! You will always have a seat in Mountain Ranch, so come join us!
- **Murphys Brown Baggers** – Teri C. – Brown baggers has nothing to report. Meeting is well attended
- **Murphy's Monday Night Meeting** – Grace – No report
- **Murphy's Tuesday Night Book Study** – Susan - Our meeting is doing well. We elected a new secretary Megan. Want to thank Arrah for her service as secretary. My GSR position is coming to an end in June.
- **New Hope @ Changing Echos** – Sunni – No report
- **Pine Grove Fellowship** – Brian S – No report
- **Plymouth Group** – Janet G - Meeting usually has newcomers and a dependable assortment of long term sobriety. Book study normally is on the first Tuesday of the month with other Tuesday's being chairperson or Topic discussion

- **Prospectors Group** – Cecilia S. – No report
- **River Pines** – Janet G – Meeting size is small this past month. Besides two members moving there have also been other members traveling or bad storms keeping others away. Potluck meeting is 2nd Monday of the month. Always great topics and shares.
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – No report.
- **There is a Solution Group, Murphy's – Saturday 10:00 am.** Carole S – Meets every Saturday morning at 10:00am in beautiful Murphys. Attendance remains steady and we're starting to see more visitors to the area dropping in for some good, old-fashioned, Gold Country Recovery!
- **Turning Point Recovery Facility Meeting** – Michael M – No report
- **Valley Springs** – Jeff – No report
- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group** – Mike C – Meeting is holding steady with 6-8 people attending each week. We are now having donuts available!
- **Villella Hall Topic Discussion Group** – Harry T – Our Attendance is steady at 25-30 men and women alcoholics. We also have included the group from Turning Point SLE in Arnold. Our Secretary works to keep the speakers informed of topics that really interest the attendees. They share their experience, strength, and hope which is evident by the group participation expressed in the meeting. Please join us if you are in the area for great coffee, cookies and fellowship!!
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp** – Chrys M: No report
- **West Point** – Michael S – No report

Yours in Service, Mike C., Recording Secretary

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

District 30 Trusted Servants

District Committee Member

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Alternate DCM

Greg N gregniskanen@gmail.com

Treasurer

Randy Seale Jrsealejr@gmail.com

Recording Secretary/Publications

Mike Canniff Mike.canniff@outlook.com

PI/CPC Chair

Harry T harrytittle83@gmail.com

Bridging the Gap Chair

Arrah M arrahatjomas@gmail.com

Hotline Chair

OPEN

Website Chair

Jim Bearden..... jbearden@ieee.org

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Carole S carole336633@gmail.com

Grapevine Chair

Paul C bhipaul@gmail.com

Archivist Chair

Susan Rudolph Suerudolph3@gmail.com

Unity Day Chair

Mike Canniff Mike.canniff@outlook.com

Addresses for Group Contributions

District 30 (cnia30.org)

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California Northern Interior Area (cnia.org)

PO Box 161712

Sacramento, CA 95816

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212-870-3400

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New York, NY 10163

Central California Fellowship of Alcoholics

Anonymous, aasacramento.org

916-454-1100

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Sacramento, CA 95827

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Oficina Intergrup al Valle Central

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Northern California H&I Committee

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