



CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 30 Issue 5 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** May 2023

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

Special Events

- Pre-conference Assembly, April 15-16, Tracy
- Saturday Night Live, May 6, First Presbyterian Church, 31 E Vine, Stockton

Historical Factoids for the Month

1841 - May 12, the first organized "Martha Washington Society" meeting for women and children was held in NY to provide moral and material support to reform female inebriates and assist the wives and children of male inebriates. It was the first temperance movement in which women assumed leadership roles.

1935- May 11, in poor spirits and tempted to enter the hotel bar, Bill realized he needed another alcoholic and phoned clergy members listed on the hotel lobby directory. He reached the Rev Walter Tunks who referred him to Oxford Group member Norman Sheppard who then referred Bill to Henrietta Seiberling. Henrietta invited him to meet that afternoon at her gatehouse at Stan Hywet Hall on the Seiberling estate. She viewed Bill's arrival as the answer to her prayers for Dr Bob and called Anne Smith to arrange a dinner the next day.

1939 - May 10, led by pioneer member Clarence S whose Big Book story is "Home Brewmeister" the Cleveland members announced that they would meet separately from Akron and the Oxford Group.

CNIA District 30 Business Meeting

For meeting information within District 30, go to cnia30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (209) 464-1594.

April Draft Minutes:

Open with the Serenity Prayer – Titia opened meeting at 10:02 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Diana

Read the Declaration of Unity – Read by Brian

Introduction of New GSRs or Visitors here for the first time:

- Gayle M from Mountain Ranch
- Michael S from West Point

Celebrations or Announcements:

- Greg N 18 years
- Randy S 41 years

Readings for the Month –

Annual Conference Program (Greg A) – Primary purpose of the conference is to hear all voices from the various groups on the Agenda items. This is provided by GSRs, District and Area representatives.

Volunteers for next meeting – Sharing Sessions Format & Potential Action (Susan R) , FAQ's #1, 3, 4 & 6 (Sunni)

Consideration of Minutes – March 11, 2023

Minutes – Motion: Greg A 1st – Amanda 2nd, Motion carried.

Old Business:

- D30 2023-24 Budget – Discussed BTG Conference attendance since this was a one time event. Motion – Brian / Diana . Motion carried.
- D30 Draft Guidelines – Reviewed content and decided to publish cleaned up version for the May meeting. Vote is pushed to May.

New Business:

- Area 07 Motion to Amend Prudent Reserve – Discussed some of the history behind the amounts of the prudent reserve. The number of line items to be covered in the prudent reserve

has increased over time. Discussed whether things are really prudent on this list. It was suggested that this be increased over a period of time instead of all at once. Decided to have Titia email Assembly agenda maker to move business topic to Sat.

- News from Delegate - General Service Board Resignation of Linda Chezem – Read a report from our Area Delegate regarding this topic. For any additional questions, we are to direct questions to the Delegate.
- Election Assembly date change that effects D-30 meeting – This meeting will be in Placerville on Nov 10, 11, 12. The goal will be to have a new DCM ready by that time. It was motioned that we will have elections in Oct meeting and cancel the Nov meeting. Motion passed. It was suggested that we can potentially add another meeting before Unity Day on Oct 28.

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: No report this month

ALT DCM: Greg N – Attended Delta Intergroup business meeting. Will distribute intergroup packets and business meeting minutes.

LCM North Amador Hwy 49: – Open

LCM Upper Amador Hwy 88: Cecilia S – Jackson Fellowship GSR has been ill. They had not received agenda topics for voting. Step Sisters are not interested in participating in General Service.

LCM San Andreas – West Point: Susan R – No report.

LCM Valley Springs/Ione/Comanche: Dorothy S – No report

Recording Secretary/Publications: Mike C – Will do another print run of the Secretary Handbook. Tabled
Treasurer: Randy S – Reviewed budget versus actual progress to date.

	March	2023
	(1 March - 31 March)	
Group Contributions:		
Arnold Thursday White Pines		\$ 163.20
Jackson Fellowship		\$ 120.00
Mt. Ranch Fellowship		\$ 116.00
Plymouth Pokerville		\$ 150.00
Prospectors Fellowship		\$ 138.00
Railroad Flat Open Discussion		\$ 96.75
River Pines		\$ 20.00
Sutter Creek Men's		\$ 50.00
Valley Springs Coffee Break Group		\$ 80.00
Valley Springs Fellowship		\$ 216.00
West Point AA		\$ 100.00
	Total Inflow	\$ 1,249.95
Expenses:		
District Storage		\$ 80.00
Workshops		\$ 105.00
Hotline - Delat Intergroup		\$ 50.00
PI-CPC - mileage		\$ 140.40
	Total Outflow	\$ 375.40
	As of :	3/31/2023
Checking Account Balance		\$ 13,408.81
Savings Account Balance (Prudent Reserve)		\$ 3,008.37
	Total	\$ 16,417.18
Treasurer's Commentary:		
Year to date contributions from groups are exceeding budgeted significantly.		
Actual expenses less than budgeted.		

Motion 1st - Greg N / 2nd - Greg A. Motioned passed
Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S –

Directory/Website Chair: Jim B / Mike C – Webmaster Jim has relocated to NY. Mike will be transitioning to manage the web site.

Archives Chair: Susan R: No report

Unity Day: Mike C – We still need a YPAA Speaker. All other slots have been filled! The Save the Date flyer has been published. Everything else is on schedule for 10/28/23!

Grapevine Chair: Paul C – Grape vine is going good, quote for the day. "I inevitably find that when I'm able to stay focused on my primary purpose, my 'secondary purposes' (school, jobs,relationships) work themselves out quite satisfactorily."

Bridging the Gap Chair: Arrah M – Did 2 presentations at Turning Point Rehab Center. 1 for 5 clients & 1 for 2 clients. Forwarded 3 Temporary Contact Request cards to Area for distribution. Initiated communication with Changing Echos and The Lakes Rehab Centers to begin monthly presentation at their facilities. Am currently in the process of finalizing presentation times and dates.

PI/PCP: Harry T – This month's report is the summary of the Amador Clinic we held on March 24th and March 25 at the California CareForce Healthfair in

Plymouth,CA. The event was the first one we attended that supported Amador County in District 30. California Careforce offers a free Medical, Dental and Vision Clinic to those in need annually. AA participated with Mental Health, and local social services in the Area. The participation was lower than expected, probably due to the time of the year and the colder weather. Mike T worked with me on this project.

H&I Liaison Amador County : Cece has been elected for Amador.

Facilities Coordinators –

- Men's Jail – Greg I. – As soon as we get last two applications approved we will start slowly going to Jail 2-3 times per month. Still announcing at meetings.
- Woman's Jail – Patsy C. It's been challenging. Have 9 women and 1 substitute volunteers; still looking for more. Took 10 boxes of literature to Jail. It was hard to hear total report.
- Mule Creek – Mike K. No report. Looking for more to go into CDRC. Good commitment. A staff member always in attendance.

Area Chair's Report – Shelia W.

We received reports on NorCal H&I fund's distribution, financial report and the area master list. Next Committee meeting April 22nd. This meeting is quarterly. Last meeting was January 28th. NorCal Committee Group Inventory coming up. Will discuss and vote on questions to focus on during the group inventory. Date to be determined at next meeting.

Regional Chairman Report – Terry D.

New Business –

Elected H&I Liaison – CeCe S.
H&I Conference, May 19th & 20th in Sacramento.
Flyer's available.
Next meeting is May 9, Jackson Fellowship, 6:00 to 7:00pm

H&I Liaison Calaveras County: No Report
YPAA – Young People in AA - Open

Responsibility Declaration: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am

responsible.” was recited by the Group. Meeting adjourned 11:45

Next Meeting: May 13, 2023 at 10:00 a.m. Hybrid on Zoom and St. Mathew’s Church

GSR Reports via Email:

- **11th Step Meditation Meeting Murphy’s – Suzy B** – No report
- **49er Group – Paul C – Friday night** – The 49er meeting is going strong this month. Average 24 people per week. We have some new commitments with coffee, setup ect. We also had a church break in and vandalize the church removing meeting materials.
- **Copper Group -- Diana F** – The group continues to be disinterested in the agenda topics so I asked them why. One is too consumed with fear about the state of the world, 2 declined to give a reason, 1 voiced apathy. I then asked if any disinterest was attached to not "getting their way" at the last conference" and they said no. So I will do my best to consider what is best for AA and comment on topics I had hoped the group would find interesting. Our treasurer will finish her commitment at our next business meeting and so far no one is stepping up. We are a small group so I suggested they consider closing the checking account which costs, go to a 1 year commitment rather than 2 and be sure we get regular reports.
- **Easy Does It Group, San Andreas** – Dylan – Attendance is steady with 10-12 people, sometimes more on birthday night. Great mix of newcomers and long timers and it never ceases to amaze me the message of hope that comes from the group. At this time no questions or concerns.
- **Friday Night Men’s Group, Sutter Creek** – Brian G – No report
- **I’m With You Guys (White Pines Independence Hall)** – Randy S – Attendance regularly 12-18 each week with consistent participation by “Turning Point”, a recovery facility located in Arnold. Four newcomers at most recent meeting.
- **lone Group** – Dorothy – Attendance continues to be good. Both meetings well attended 15 - 20 at regular meeting; 10 - 12 at book study. Usually one or two newcomers every week. We voted at the March business meeting to distribute funds held over prudent reserve. \$450 sent to District 30, New York and CNIA. Hope to continue this practice on a more regularly. We were discussing a third meeting but has been put on hold for now. Many of our members attend other meetings, i.e. Jackson, Pine Grove or Valley Springs. Some of us continue to go to JF Zoom and make donations to that fellowship to help offset the cost to support Zoom.
- **Jackson** – Dede L – No report
- **Men’s Freedom From Alcohol Group – Greg A** – No report
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** - The Sunlight of The Spirit continues to flow through Mountain Ranch as we gather for Topic/Discussion meetings each Wednesday at 7:00pm (Speaker Meeting/Birthday night on the last Wednesday of the month). Growth continues to be demonstrated in new people stepping into General Service as well, including new introductions to our Secretary and Alt GSR positions.
- **Murphys Brown Baggers – Teri C.** – All is well!
- **Murphy’s Monday Night Meeting – Grace** – No report
- **Murphy’s Tuesday Night Book Study – Susan** - Our meeting is doing well. We had a dark night when the snow storm hit our area. We have 6-10 people in attendance.
- **New Hope @ Changing Echos – Sunni** – No report
- **Pine Grove Fellowship – Brian S** – No report
- **Prospectors Group – Cecilia S.** – Meeting is still strong. We are gearing up for the pre-conference. Handed out the topics picked by group with backup. Having a Business Meeting next Tuesday to go over these topics; then it’s head home, type up and bring groups

conscience to Pre-Conference in Tracey next weekend. I advised the group of literature/books increase that took effect April 1. As usual I brought CNIA Accents, D30 Newsletters.

- **River Pines – Janet G** – No report
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – Our meetings are going well and are full of spirituality. We purchased a couple of new coffee pots as the old ones were at least a decade old. The coffee is good and hot. The Fellowship is warm and friendly! Come and visit us.
- **There is a Solution Group, Murphy's – Saturday 10:00 am.** Carole S – Spring is in the air and attendance is up! I'm looking forward to attending the Pre-Conference assembly on April 15 where I will bring our group conscience to the microphone and to our delegate, Jenn D.
- **Turning Point Recovery Facility Meeting – Michael M** – No report
- **Valley Springs – Jeff** – No report
- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group** – Mike C – No report
- **Villella Hall Topic Discussion Group – Harry T** – Our Number one priority was the approval vote of the 2024 District 30 Budget. This was voted on at our Business Meeting held on Thursday evening March 30th. Our attendance continues to stay at the 25-30 mixed men and women participants. The chairpersons that Jim our Secretary has offer topics that the audience responds well too. The treasury under Al V's guidance is doing fine. The quarterly distributions are being met. Todd , our coffee and cookie guy keeps everyone happy!! Come join us on Thursday evening at 7:30PM at Villella Hall AT Chapel of the Pines in Arnold !!
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp** – Chrys M: No report
- **West Point – Neal** – No report

Yours in Service, Mike C., Recording Secretary

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested AAs* are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

District 30 Trusted Servants

District Committee Member

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Alternate DCM

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Bridging the Gap Chair

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Archivist Chair

Susan Rudolph Suerudolph3@gmail.com

Unity Day Chair

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California Northern Interior Area (cni.org)

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Central California Fellowship of Alcoholics

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