



# CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 30 Issue 4 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** April 2023

## Mark Your Calendar

**District 30 Business Meeting:** Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

### Regular Speaker Meetings

**Arnold Mountain High Speaker Meeting:** First Saturday, 4 pm, Villela Hall, Arnold.

**Valley Springs Fellowship Potluck Speaker Meeting:** Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

**Amador County Speaker Meeting – 3<sup>rd</sup> Saturday** 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

**H&I Committee Meeting, Amador:** Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

**PI/CPC Committee Meeting:** Not currently meeting in person. Normally, meets every 3<sup>rd</sup> Wednesday of the month at 2 pm.

**District 30 Archives Committee:** Every 1<sup>st</sup> Wednesday meeting via Zoom - 2 to 4 PM.

### California Northern Interior Area

**Area Committee Meeting:** Monthly 3<sup>rd</sup> Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

## Special Events

None

## Historical Factoids for the Month

- 1941 April 11, after 23 years of marriage, Bill and Lois moved into their own home in Bedford Hills, NY. It was first named "Bill-Lo's Break" and later renamed "Stepping Stones." The 7-room house was on 1.7 acres and financed at \$6,500. The mortgage payment was \$40 a month.
- 1945 - The April Grapevine included a questionnaire by E M Jellinek seeking information to later produce a chart titled "The Progressive Disease of Alcoholism" also popularly called the "Jellinek Chart".
- 1950 - April 1, the Saturday Evening Post carried a second article on AA by Jack Alexander titled "The Drunkard's Best Friend." It reported that in metropolitan areas such as Dallas-Fort Worth there were upwards of a dozen oil millionaire members and that fancy club quarters were established in old mansions.

## CNIA District 30 Business Meeting

For meeting information within District 30, go to [cnia30.org](http://cnia30.org) for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group [jbearden@ieee.org](mailto:jbearden@ieee.org). If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (209) 464-1594.

### March Draft Minutes:

**Open with the Serenity Prayer** – Titia opened meeting at 10:02 a.m. with the Serenity Prayer.

**Read the GSR Preamble** – Read by Brian

**Read the Declaration of Unity** – Read by Sunni

**Introduction of New GSRs or Visitors here for the first time:**

None

**Celebrations or Announcements:**

None

**Readings for the Month –**

Purpose and Composition of an Assembly (pg 19) - Susan R.

Election and Regular Assemblies – Greg A,

Eligibility to Vote and Practices – Titia A

Volunteers for next meeting – Annual Conference Program (Greg A), Sharing Sessions Format & Potential Action (Susan R) , FAQ's #1, 3, 4 & 6 (Sunni)

**Consideration of Minutes** – February 11, 2023

Minutes – Motion: Greg N 1<sup>st</sup> – Susan R 2<sup>nd</sup> , Motion carried.

### Old Business:

- D30 Workshops – Location potentially at St. Matthews church
  - Secretary Workshop – June 10 @ 12:30. Teri and Carole is coordinating this event. Approved by the church
  - GSR. Dylan C volunteered. Target Dec 2.
- D30 Guidelines – Tabled until April due to Mike C not being present.
- D-30, 33 and 40 Agenda Topic Workshop via Zoom March 8th, 2023

### New Business:

- Mini PRAASA 2024 - Date set for October 11 – 13, 2024 at the Calaveras Fair Grounds, Greg N. has made himself available to help Susan
- News from General Service Office – Price Increase to Literature April 3, 2023
- Proposed 2023-2024 Budget - 2023-2024 Spending Plan distributed to the GSR's present. GSR's should take to their meetings and be prepared to vote at the April 8th meeting

### Trusted Servants and Committee Reports:

**DCM: Titia A Panel 72:** Just a short report, I attended the February 18th ACM in Sacramento. It was the first hybrid meeting of the ACM and I believe it went well. Susan R. attained via Zoom. I have been busy in my personal life as I am changing jobs. My last day at my current job was Friday the 10th, first day at new job will be Monday the 13th.

**ALT DCM:** Greg N – I attend the Delta Intergroup every month on the third Wednesday via Zoom. I also receive copies of the reports that the Delta Intergroup produces and I provide them to the District via the DCM and Secretary. If you would like to receive them as well, please let me know. The Office (of the Delta Intergroup) is moving on the 1st of May 2023 to a new place on Robinhood Dr. in Stockton. They have also purchased new sound equipment for the monthly speaker meetings that travels to the various groups in the Delta area. They are on solid footing so far this year as 7th Tradition contributions to them are going well.

**LCM North Amador Hwy 49:** – Open

**LCM Upper Amador Hwy 88: Cecilia S** – No report

**LCM San Andreas – West Point: Susan R** – No report.

**LCM Valley Springs/Ione/Comanche: Dorothy S** – No report

**Recording Secretary/Publications: Mike C** – Will do another print run of the Secretary Handbook.

**Treasurer: Randy S** – Reviewed budget versus actual progress to date.

	February	2023
	( 1 February- 28 February)	
<b>Group Contributions:</b>		
Arnold Men's Freedom from Alcohol		\$ 205.83
Arnold Mountain High		\$ 104.20
Copper Group		\$ 50.00
Copperopolis New Hope		\$ 273.96
Jackson Fellowship		\$ 60.00
Mt. Ranch Fellowship		\$ 100.00
Murphys Came to Believe		\$ 162.50
Murphys Monday Topic Discussion		\$ 63.87
Murphys Sisters in Sobriety		\$ 120.00
Murphys There is a Solution		\$ 116.50
Sierra Foothills Fellowship		\$ 150.00
San Andreas Easy Does It		\$ 382.00
West Point AA		\$ 50.00
7th Tradition at District Meeting		\$ 40.00
Other: Central Sierra Women's Conference		\$ 300.00
	Total Inflow	\$ 2,178.86
<b>Expenses:</b>		
Archivist - Safe deposit box rental		\$ 75.00
DCM- Area Mtg's Mileage		\$ 113.48
DCM- Postage		\$ 3.65
District Storage		\$ 80.00
Unity Day supplies		\$ 105.84
District Meeting Coffee and refreshments		\$ 17.47
	Total Outflow	\$ 395.44
	<b>As of :</b>	<b>2/28/2023</b>
Checking Account Balance		\$ 12,967.19
Savings Account Balance (Prudent Reserve)		\$ 3,008.22
	Total	\$ 15,975.41
<b>Treasurer's Commentary:</b>		
Year to date contributions from groups are exceeding budgeted significantly.		
Actual contributions average for first 8 months is \$ 1,052 versus budgeted \$ 542.00.		
Budgeted expenses average over first 8 months is \$ 7,298 while actual spending is \$ 4,579.		

Not voted on.

**Finance Committee:** Dorothy S (Chair) ,Greg N, Diana F, Randy S – No report

**Directory/Website Chair:** Jim B / Mike C – No report

**Archives Chair:** Susan R: Verbal report

**Unity Day:** Mike C – No report

**Grapevine Chair:** Paul C – No report

**Bridging the Gap Chair:** Arrah M – No report.

**PI/PCP:** Harry T – This month we have been finalizing our details for the Amador County Health Fair to be held. On March 24, 25th at the Plymouth Fairgrounds. We also sent information to the H&I monthly Meeting alerting them of our activities for the Amador and Calaveras County Area. We encourage the LCM's and GSR's in both counties to check out the californiacareforce.org website for further information on the Health Clinic they offer though out Area 7.

**H&I Liaison Amador County –:** No report

**H&I Liaison Calaveras County:** No Report

**YPAA – Young People in AA - Open**

**Responsibility Declaration:** “I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible.” was recited by the Group. Meeting adjourned 11:45

**Next Meeting:** April 8, 2023 at 10:00 a.m. Hybrid on Zoom and St. Mathew's Church

#### GSR Reports via Email:

- **11<sup>th</sup> Step Meditation Meeting Murphy's – Suzy B** – No report
- **49er Group – Paul C – Friday night** – No report
- **Copper Group -- Diana F** – I presented the CNIA and District newsletters and the list of agenda topics which no one picked up after the meeting to look at. Attended the zoom presentation by Jen and area folks and it was very informative. Gives me more to hopefully get the group interested in a couple of items that could be of interest to them. One that interests me and hopefully them is the "guidelines for remote communities" under X item I. Also think more info regarding the Plain Language of the Big Book could be helpful to many.
- **Easy Does It Group, San Andreas** – Dylan – No report
- **Friday Night Men's Group, Sutter Creek** – Brian G – No report
- **I'm With You Guys (White Pines Independence Hall)** – Randy S – No report
- **Ione Group** – Dorothy –
- **Jackson** – Dede L –
- **Men's Freedom From Alcohol Group** – Greg A – No report
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** – Only the Fellowship and message of Hope are stronger than the coffee on Wednesday nights in Mountain Ranch. If your spirit needs a boost or you're brushing up your 12th Step work by carrying the message, come grab a seat (while you can!), as the membership continues to boom. This is an open meeting with a speaker

scheduled on the last week of each month when we joyfully celebrate Birthday Night!

- **Murphys Brown Baggers – Teri C.** – All is well at Brown Baggers. Attendance has been spotty due to weather. My commitment as GSR at BB will be up soon. I will let the meeting know. No one at that meeting considers it their home group so I'm not sure if anyone will step up to take over. I will be moving my GSR commitment to another meeting. I will keep the district apprised and will submit the proper paperwork at the proper time.
- **Murphy's Monday Night Meeting – Grace** – all is well with the group.
- **Murphy's Tuesday Night Book Study – Susan** - Our meeting is doing well. We had a dark night when the snow storm hit our area. We have 6-10 people in attendance.
- **New Hope @ Changing Echos – Sunni** –
- **Pine Grove Fellowship – Brian S** –
- **Prospectors Group – Cecilia S.** – No report.
- **Railroad Flat - Speaker/Discussion Meeting, -** Open
- **River Pines – Janet G** –
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – Our meetings are going well and are full of spirituality. We purchased a couple of new coffee pots as the old ones were at least a decade old. The coffee is good and hot. The Fellowship is warm and friendly! Come and visit us.
- **There is a Solution Group, Murphy's – Saturday 10:00 am. Carole S** – If you're looking for a way to start your weekend off right, try the "There Is a Solution" group of Alcoholics Anonymous, which meets Saturday mornings at 10:00am at the Lion's Club Hut in Murphys! As both an AA member and as a GSR, I attended the Zoom Agenda Topic Workshop on Wednesday, March 8 with our Delegate, Jenn D., and hope to generate some more interest in the upcoming 73rd General Service Conference
- **Turning Point Recovery Facility Meeting – Michael M** –
- **Valley Springs – Jeff** –

- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group – Mike C** – No report
- **Villella Hall Topic Discussion Group – Harry T** – This month we have had major issues with all of the snow that has impacted my attendance. I received a notice from the Chapel of the Pines regarding facility issues which I conveyed to our Secretary who will see that they will be implemented. These regarded doors being left unlocked and security concerns, which I will handle with separately. Our meetings are held at 7:30PM Thursday evening at Villliha Hall in Arnold stop by for hot coffee, cookies, great sobriety!!
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys M:**
- **West Point – Neal** – No report

Yours in Service, Mike C., Recording Secretary

### **District 30 Business Meetings**

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

### **District 30 Trusted Servants**

#### **District Committee Member**

Titia Ashby ..... [sv6504tg@gmail.com](mailto:sv6504tg@gmail.com)

#### **Alternate DCM**

Greg N ..... [gregniskanen@gmail.com](mailto:gregniskanen@gmail.com)

#### **Treasurer**

Randy Seale ..... [Jrsealejr@gmail.com](mailto:Jrsealejr@gmail.com)

#### **Recording Secretary/Publications**

Mike Canniff ..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

#### **PI/CPC Chair**

Harry T ..... [harrytittle83@gmail.com](mailto:harrytittle83@gmail.com)

#### **Bridging the Gap Chair**

Arrah M ..... [arrahatjomas@gmail.com](mailto:arrahatjomas@gmail.com)

#### **Hotline Chair**

OPEN

#### **Website Chair**

Jim Bearden..... [jbearden@ieee.org](mailto:jbearden@ieee.org)

#### **Directory**

Carole S ..... [carole336633@gmail.com](mailto:carole336633@gmail.com)

#### **Grapevine Chair**

Paul C ..... [bhipaul@gmail.com](mailto:bhipaul@gmail.com)

#### **Archivist Chair**

Susan Rudolph ..... [Suerudolph3@gmail.com](mailto:Suerudolph3@gmail.com)

#### **Unity Day Chair**

Mike Canniff ..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

### **Addresses for Group Contributions**

#### **District 30 ([cnia30.org](http://cnia30.org))**

P O Box 43 - Murphys, CA 95247

#### **California Northern Interior Area ([cnia.org](http://cnia.org))**

PO Box 161712

Sacramento, CA 95816

#### **General Service Office ([aa.org](http://aa.org)),**

212-870-3400

PO Box 459

New York, NY 10163

#### **Central California Fellowship of Alcoholics**

**Anonymous, [aasacramento.org](http://aasacramento.org)**

916-454-1100

9960 Business Park Dr., #110

Sacramento, CA 95827

#### **Delta Central Office ([www.aadelta.org](http://www.aadelta.org))**

1525 N. Eldorado St., Suite #3

Stockton, CA 95204

#### **Oficina Latina Central**

600 4th Street

West Sacramento, CA 95691

(916) 372-0343

#### **Oficina Intergrup al Valle Central**

3744 Atchison Street Ste E

Riverbank, CA 95367

(209) 869-1693

#### **Northern California H&I Committee**

PO Box 192490

San Francisco, CA 94119-249