



CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 30 Issue 3 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** March 2023

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

Special Events

None

Historical Quote for the Month

I heard this quote in a meeting this week: "we suffer from an odious disease of ardent spirits." This is from "An Inquiry Into the Effects of Ardent Spirits Upon the Human Body and Mind," by Dr. Benjamin Rush (1745-1813). Our program of recovery has a rich history! For more details see - https://www.aa.org/sites/default/files/newsletters/f-151-markings_mar-april04.pdf

CNIA District 30 Business Meeting

For meeting information within District 30, go to cnia30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (209) 464-1594.

January Draft Minutes:

Open with the Serenity Prayer – Titia opened meeting at 10:01 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Sunni

Read the Declaration of Unity – Read by Marie

Introduction of New GSRs or Visitors here for the first time:

None

Celebrations or Announcements:

- Sunni celebrates 39 years on 2/14/23
- Marie celebrates 1 year on 2/13/23
- Neal 20 years on 2/7/23

Readings for the Month – Greg N Read Chapter 2 from GSO service manual. This chapter covers the responsibilities of the District Committee Member (or Coffee Maker). Discussed that the DCM is a conduit between groups and Area. A DCM needs to be willing to help others in AA regardless of title. Neal read Duties and Responsibilities of DCM – regularly hold meetings, provide reports to GSRs, collect feedback from GSRs, attend Area assemblies and committee meetings, reach out to groups without GSRs, organize workshops, introduce materials from GSO, assist delegate on group directories. Brian read FAQs – only elected DCM or alt-DCM can vote at area, is a service sponsor needed (recommended yes), changing or creating new literature, DCM rotation, handling district growth.

March business meeting will read Chapter 3 – volunteers Susan R, CeCe, Teri C.

Consideration of Minutes – Correction on 2023 GSR Estimate of Assembly costs section. January 14, 2022 Minutes – Motion: Sunni 1st – Susan R 2nd, Motion carried.

Old Business:

- D30 Workshops – Location potentially at St. Matthews church
 - Secretary – Target June 10 @ 12:30. Teri and Carole is coordinating this event.
 - Sponsorship - TBD
 - GSR. Dylan C volunteered. Target Dec 2. Groups should vote GSRs in October. And these GSRs will be voted in during the November D30 meeting. This workshop will prep GSRs for the next panel.
- D30 Guidelines – Greg commented that some sections were combined. Discussed whether safety in meetings should be added to the guidelines. There are several pamphlets and cards produced by GSO on safety guidelines. These GSO provided documents should be covered in the secretary workshops. Suggested to provide link on website to these documents. But the safety details would not be included in the D30 Guidelines. Asked for feedback on this proposed version over the next month. Target March meeting for new version approval.

New Business:

- Area 07 Motion to Amend the 2023 Spending Plan – The motion was to re-introduce the spending plan for translation. Discussed in detail all of the expenses related to the translation services. Passed at Winter Assembly.
- Area 07 New Website (cnia.org) – Updated web site is now live. Calendar is still being updated.
- February ACM – New Hybrid option will be available going forward. See D30 website for in person location.
- News from General Service Board – A notification was sent that one of the Trustee A members has been asked to resign. Another Trustee has filled in .
- General Conference Agenda Topics – These topics should be delivered to Area by Feb 15th. It is suggested that GSRs print out the topics pages for group presentation.
- D-30, 33 and 40 Agenda Topic Workshop via Zoom March 8th, 2023 – Titia will coordinate this event for GSRs to attend and find out more information about the topics.

- H&I Area 84 Representative – Andrew K. – This area covers Calaveras County. Area 85 is Amador. These are part of Northern California H&I. Andrew also is coordinator for Men’s and Women’s facilities. Discussed the application process to participate in H&I. Older applications may need to be re-submitted. Previously approved people will need to re-apply. New applications should be delivered to Area representative (andrew.keirns@gmail.com)

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: I attended the Winter Assembly in Gridley, CA (up north) on January 21st & 22nd, 2023. There was a good turnout with 211 participants. This was the first Assembly hosted by our newest Spanish District 57 and the facility was very nicely decorated with lots of room for all. Several District 30 GSR’s attended for most of Saturday and a few also attended the Sunday morning portion. E-Services did a very nice presentation of the new Area 07 website that is now active. There is a direct link from the District 30 web page <https://cna30.org/cna07/> please go check it out. ICYPAA liaison reported that the 63rd International Convention of Young People in AA will be held in San Francisco September 1st & 4th, 2023 at the St. Francis Hotel. Registration and hotel information can be found at <https://www.icypaa.org/>.

ALT DCM: Greg N – Delta Intergroup is planning on moving their office to another location in Stockton. It will be in a somewhat better neighborhood on W. Robinhood Dr. The office is about the same size but the interior is reportedly more open and will allow better spaces to work in and hold meetings in.

LCM North Amador Hwy 49: – Open

LCM Upper Amador Hwy 88: Cecilia S – No report

LCM San Andreas – West Point: Susan R – Neal stepped up to be LCM for this area.

LCM Valley Springs/Ione/Comanche: Dorothy S – Valley Springs needs more secretaries to staff meetings. Ione is doing well.

Recording Secretary/Publications: Mike C – Asked for more input on the newsletter – events, stories, etc. Will do another print run of the Secretary Handbook.

Treasurer: Randy S – Reviewed budget versus actual progress to date.

					January	2023
					(1 January - 31 January)	
Group Contributions:						
7th Tradition at District Meeting						\$ 58.49
Total Inflow						\$ 58.49
Expenses:						
Meeting Directories						\$ 71.61
DCM - Assembly Registration						\$ 30.00
DCM - Assy Lodging/Meals						\$ 107.21
DCM- Assy Mileage						\$ 94.94
DCM- Area Mtgings Mileage						\$ 113.26
District Storage						\$ 80.00
Delta Intergroup - Hotline						\$ 50.00
Unity Day hall deposit						\$ 150.00
District Meeting Coffee and refreshments						\$ 13.49
Total Outflow						\$ 710.51
As of :						1/31/2023
Checking Account Balance						\$ 10,631.83
Savings Account Balance (Prudent Reserve)						\$ 3,008.15
Total						\$ 13,639.98
Treasurer's Commentary:						
Year to date contributions from groups are exceeding budgeted significantly.						

Motion to approve Treasurer's Report: Motion, Susan R 1st / Paul C 2nd. Motion carried unanimously.

Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S – The committee will have proposed budget available for March meeting for the next fiscal year.

Directory/Website Chair: Jim B / Mike C – I believe the District 30 Web site is up to date, with all the changes in meeting schedules that I've been notified about updated. Please continue to inform me of any further changes, as well as any errors or omissions in the currently-posted information. Thanks to all of you for your help with this.

Archives Chair: Susan R: The archives committee will be meeting on Feb 15.

Unity Day: Mike C – Date will be October 28th, 2023. Theme will be “Grateful I’m not Dead!” with Halloween costumes encouraged. Location is San Andreas Senior Center. We will be publishing “Save the Date” flyer soon. We still need Alanon and YPAA speakers.

Grapevine Chair: Paul C – Just reminding the groups of Grapevine podcast, there are 1/2 hour a clip, filled with great stories. Also a focus on meeting content, subjects very informative.

podcast@aagrapevine.org. This month's feature making AA amends, members share powerful experiences about how they made their Ninth Step Amends!!

Bridging the Gap Chair: Arrah M – Did one presentation at Turning Point Rehabilitation facility for

4 clients. Received one Temporary Contact Request and forwarded it to Area 7 for processing.

PI/PCP: Harry T – This month we have started contacting a new Health Care Operation in Amador County. This new group is California Care Force. They will be the primary Clinic for the Sutter Amador Hospital Health Fair at the Plymouth Fairgrounds in March. The date has been set for Friday March 24, and Saturday, March 25th, 2023. This is a free clinic with more details forthcoming as the date gets closer. Check out their web site for more information about this non profit that handles Medical, Dental, Optical needs.

H&I Liaison Amador County – Cece reported: No report
H&I Liaison Calaveras County: See new business above from Andrew K.

YPAA – Young People in AA - Open

Responsibility Declaration: “I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible.” was recited by the Group. Meeting adjourned 11:45

Next Meeting: March 11, 2023 at 10:00 a.m. Hybrid on Zoom and St. Mathew’s Church

GSR Reports via Email:

- **11th Step Meditation Meeting Murphy’s – Suzy B** – No report
- **49er Group – Paul C – Friday night** – Angels camp longest and hottest the 49er meeting is plugging along. We elected a new secretary Teri C. Attendance has been steady at 22 or more on average with a few nights in the 30s. We are working on a 60th group birthday bash!!
- **Copper Group -- Diana F** – The Wed night, book study meeting, 7PM at Lake Tulloch Bible Church sent a condolence card to the wife of the church Pastor, Ted, who recently passed. He was a great friend to AA . Our attendance remains small but intimate and very little interest in General Service on the whole. I do believe the group is healthy in the presentation of the recovery message. We do not need to be large to be effective. No takers for doing a group inventory. Some of the members have taken a couple of meetings to the home of one

of our members who is home bound due to health issues.

- **Our treasury is healthy and new books are being ordered to replenish out supply.**
- **Easy Does It Group, San Andreas** – Dylan –.
- **Friday Night Men’s Group, Sutter Creek** – Brian G – No report
- **I’m With You Guys (White Pines Independence Hall)** – Randy S – Attendance regularly 12-18 each week with consistent participation by “Turning Point”, a recovery facility located in Arnold. Thank you to Jeremy whose term as Secretary expired at the end of January for an excellent job. Congratulations to Tony who has stepped up to serve.
- **Ione Group** – Dorothy –
- **Jackson** – Dede L –
- **Men’s Freedom From Alcohol Group – Greg A** – We have a strong group of men with long term sobriety supporting newcomers. Thank you Tony our new secretary and Mike for your service. Come by for recovery and the best darn coffee on the mountain.
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** –
- **Murphys Brown Baggers – Teri C.** – Our BB group is doing great. We have a new secretary team and all of our set up team is in good shape. The meeting is financially sound and we are well attended.
- **Murphy’s Monday Night Meeting – Grace** – Things are running smoothly. The group just had a business meeting about financial concerns. Turns out we are doing very well. Service positions are filled and Secretary is doing a great job.
- **Murphy’s Tuesday Night Book Study – Susan** - Our meeting is doing well. We are reading out of the Big Book. We have a new set up person. There are 6 -10 women attending our meeting.
- **New Hope @ Changing Echos – Sunni** –
- **Pine Grove Fellowship – Brian S** –
- **Prospectors Group – Cecilia S.** – We spent \$460 on our insurance for the group. We cannot

utilize D30 insurance because we need a 1M aggregate which D30 does not provide.

- **Railroad Flat - Speaker/Discussion Meeting, -**
Open
- **River Pines – Janet G –**
- **Sierra Foothills Fellowship, Monday at 7:00 p.m. –** Greg N – We held elections and have a new Secretary for our Monday evening meetings. The coffee is excellent and the fellowship is thriving.
- **There is a Solution Group, Murphy's – Saturday 10:00 am. Carole S –** On Saturday, February 25, the group will be meeting at the Murphys Senior Center, 65 Mitchler Street, Murphys. (Next to the Faith Lutheran Church). After that it will return to regular location. I typed up my report on the Winter Assembly and had copies distributed to those group members interested. We are in the process of making plans to attend the Agenda Topic workshop via zoom as a group.
- **Turning Point Recovery Facility Meeting – Michael M –**
- **Valley Springs – Jeff –**
- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group – Mike C –**
- **Villella Hall Topic Discussion Group – Harry T –** Our meeting continues to grow with input from the local SLE and monthly chairperson. Each week the secretary is finding topics of interest to both the attendees along with the guests. Attendance is still hovering around 20 men and women. The monthly contributions are meeting 7th Tradition needs
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys M:**
- **West Point – Neal –**

Yours in Service, Mike C., Recording Secretary

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

District 30 Trusted Servants

District Committee Member

Titia Ashby sv6504tg@gmail.com

Alternate DCM

Greg N gregniskanen@gmail.com

Treasurer

Randy Seale Jrsealejr@gmail.com

Recording Secretary/Publications

Mike Canniff Mike.canniff@outlook.com

PI/CPC Chair

Harry T harrytittle83@gmail.com

Bridging the Gap Chair

Arrah M arrahatjomas@gmail.com

Hotline Chair

OPEN

Website Chair

Jim Bearden..... jbearden@ieee.org

Directory

Carole S carole336633@gmail.com

Grapevine Chair

Paul C bhipaul@gmail.com

Archivist Chair

Susan Rudolph Suerudolph3@gmail.com

Unity Day Chair

Mike Canniff Mike.canniff@outlook.com

Addresses for Group Contributions

District 30 (cnia30.org)

P O Box 43 - Murphys, CA 95247

California Northern Interior Area (cnia.org)

PO Box 161712

Sacramento, CA 95816

General Service Office (aa.org),

212-870-3400

PO Box 459

New York, NY 10163

Central California Fellowship of Alcoholics

Anonymous, aasacramento.org

916-454-1100

9960 Business Park Dr., #110

Sacramento, CA 95827

Delta Central Office (www.aadelta.org)

1525 N. Eldorado St., Suite #3

Stockton, CA 95204

Oficina Latina Central

600 4th Street

West Sacramento, CA 95691

(916) 372-0343

Oficina Intergrup al Valle Central

3744 Atchison Street Ste E

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