

CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 30 Issue 2 PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS February 2023

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am. ZOOM ID: 908 356 8186 PW: D30

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

Special Events

Winter Assembly – January 21st and 22ndGridley CA

West Point Group 30th Anniversary – Janu 26th @ 7:00. Pizza will be served!

CNIA District 30 Business Meeting

<u>Covid19 Information for Amador/Calaveras Meetings</u>: For meeting information within District 30, go to cnia30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

January Draft Minutes:

Open with the Serenity Prayer – Titia opened meeting at 10:00 a.m. with the Serenity Prayer.

<u>Read the GSR Preamble</u> – Read by Dylan <u>Read the Declaration of Unity</u> – Read by Susan <u>Introduction of New GSRs or Visitors here for the first</u> <u>time</u>:

• Marie from Valley Springs. Celebrating 11 months.

Celebrations or Announcements:

 Non- AA Announcement : Del M Cioppino dinner celebration. Feb 18 at 5:00 PM in Volcano Consolidate Lodge. Contact Ross Anderson at 209 256 3252 or at VolcanoConsolidated56@Gmail.com

Readings for the Month – Diana F Read Chapter 1 from GSO service manual. This chapter is on the Group and GSR duties and responsibility. A GSR should only represent one group. Greg A read Duties and Responsibilities. GSR should attend Assemblies and District meetings, work with the group treasurer, understand how finances are managed within the group and the district, keeping groups up to date with latest information from GSO. Also discussed having a Service Sponsor for each member. Carole read the FAQs from Chapter 1 – asking for help as a new GSR, what happens when one becomes a new GSR, purpose of having an Alt-GSR, how does GSO use donations, suggesting themes for the annual GSR meeting, rotation period for GSR.

February business meeting will read Chapter 2 – volunteers Greg N, Brian S, Neal T.

<u>Consideration of Minutes</u> – December 10, 2022 Minutes – Motion: Susan R 1st – Greg N C 2nd, Motion carried.

Old Business:

- Winter Assembly Jan 21, 22 in Gridley, CA. There are 4-5 D30 members that will be attending.
- CNIA Area 07 –Service Assembly Bid 2024 (D30 & D33 Mini PRAASA, Oct 2024) – We were accepted for this bid. Susan volunteered as co-chair. Greg N / Greg A nominated. Motion passed.
- Meeting schedules have been printed and were distributed.

New Business:

- Reviewed 2023 District 30 Calendar of Events. See <u>https://cnia30.org/events/</u> for details. Important events
 - CNIA Pre-Conference is April 15-16 in Tracy.
 - CNIA Post-conference assembly in Chico May 6-7.
 - Unity Day Oct 28
 - CNIA Election Assembly Nov 17-19 Placerville
- 2023 GSR Estimate of Assembly costs Discussed responsibility to attend this meeting. Mentioned that average costs were split in half assuming room share.
- D-30 Sponsored workshops for groups Mike
 C. presented idea of hosting Secretary and
 Sponsorship workshops at the District level.
 Carole suggested quarterly. Discussed sending
 out questionnaire prior to meeting to get input
 on topics. Discussed option of having a
 workshop after the D30 meeting on Sat. (use the
 church space). It was noted that there should be
 a hand off process between secretaries and link
 to Tradition 2. Suggested also to have a GSR
 workshop and promote the idea of members
 progressing from coffee maker through to GSR.
 Carole and Mike will coordinate the schedule
 for the next set of meetings.

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: I attended the December ACM annual planning meeting in East Sacramento on December 17th, 2022. At the ACM, we discussed the Agenda Topic Items for General Service Conference in New York April 23rd through the

28th, 2023. The Agenda Topic Items should be available to the Delegate on or around February 15th, 2023. Once I receive the information from the Delegate, I will send a confidential link to all GSR's listed with GSO. Hopefully we will be able to schedule a Zoom Agenda Topic Workshop for some time in early March. I have asked the Delegate to let me know when she could get us on her schedule. Looking at an evening in the middle of the week, I hope. I will keep the District informed as the information becomes available. Winter Assembly will be held January 21st and 22nd, 2023 in Gridley, CA. If you were planning on going, but did not Pre-register by January 8th, you will need to register at the door. Our next regular District 30 meeting will be held at St. Matthews Episcopal Church in San Andreas at 10:00am on February 11th, 2023. If you are interested in being of service to your group or just want to see what District is, please join us. All are always welcome, and we have doughnuts and coffee.

ALT DCM: Greg N – I attended the January Delta Intergroup Meeting last Wednesday. They will be moving their office soon to a new location. They are also looking at purchasing a new sound system to help with the Saturday Night Live Meetings. Overall the Delta Intergroup is doing well. There was a question related to the names submitted for the hotline – new volunteers will be rotated in as needed.

LCM North Amador Hwy 49: - Open

LCM Upper Amador Hwy 88: Cecilia S - No report LCM San Andreas – West Point: Susan R – Railroad flat is the only meeting without a GSR. Neal commented that the meeting is doing well.

LCM Valley Springs/Ione/Comanche: Dorothy S – Not present

Recording Secretary/Publications: Mike C – Everything in good shape on secretary side. Forgot to publish the latest District 30 draft bylaws. This will be added to Old Business for February

Treasurer: **Randy S** – Reviewed half year Budget vs Actual report. We are way below budget in some categories. The Finance Committee will address how to deal with excess funds in their next meeting.

	Decemb	er 2022
	(1 December - 31 December)	
Group Contributions:		
Arnold Thursday Night White Pines		\$ 324.00
Jackson Fellowship		\$ 60.00
Murphyd There is a Solution		\$ 43.45
Pioneer Step Sisters		\$ 108.00
West Point AA		\$ 50.00
7th Tradition at District Meeting		\$ 67.00
	Total Inflow	\$ 328.45
Expenses:		
Rent for Jan=>Mar		\$ 105.00
Zoom Expense		\$ 14.99
District Storage		\$ 80.00
Delta Intergroup - Hotline		\$ 50.00
Treasurer - supplies		\$ 59.88
District Meeting Coffee and refreshments		\$ 42.00
	Total Outflow	\$ 351.87
	As of :	12/31/2022
Checking Account Balance		\$ 11,218.34
Savings Account Balance (Prudent Reserve)		\$ 3,008.15
	Total	\$ 14,226.49
Treasuer's Commentary:		

Motion to approve Treasurer's Report: Motion, Susan R 1st / Harry T 2nd. Motion carried unanimously. Finance Committee: Dorothy S (Chair), Greg N, Diana F, **Randy S** – Randy requested that all committee chairs and trusted servant submit budget requests by end of January.

Directory/Website Chair: Jim B / Mike C – The information on the District 30 Web site is all up to date, with the exception of some possible items in the "Printable PDF" version, which does not get updated quite as often as the main meeting list page. I'm also still working with the national A.A. office about some possible problems with the connection to the "Meeting Guide" app, such as their characterization of meetings listed both on our Web site and the Delta Intergroup site as a "conflict", when the reason they are listed both places is because I asked Delta Intergroup to do that. I'll continue trying to resolve such problems (if they really are problems), and in the meantime, please continue to keep me informed of any errors or omissions in the information on the Web site, or in the "Meeting Guide" app.

Archives Chair: Susan R: Returned the keys for the safety deposit box we were not using. The bank will credit our D30 checking account 100.00 for key deposits. Looking to have our first meeting of the year with the archive committee in February.

Unity Day: Mike C – Date will be October 28th, 2023. Theme will be "Grateful I'm not Dead!" with Halloween costumes encouraged. Location is San Andreas Senior Center. Speaker is Tom A. Will have live comedian for entertainment.

Grapevine Chair: Paul C – No report

Bridging the Gap Chair: Arrah M – May be attending a roundtable event at the area assembly.

PI/PCP: Harry T – Our major activity has been centered in the Health care area. We made contact with the Emergency Centers on the Hwy 4 Corridor in Calaveras County. We also have worked the Major Health Fair at Dignity Health San Andreas Medical Center Mark Twain last September. Our contact with the Probation Department also in San Andreas was limited. We left brochures, meeting guides, contact information, for those new- comers just being released from SLE's and jails. However, we found out that H&I really, had a better handle on this than we did. Our focus for 2023 is Amador County. This week we have made contact with the Sutter Amador Hospital in Jackson to find out when their Health Fair will be held this year. Their event is handled through the Education Department. This will be held at the Sutter Amador Hospital Health Fair at Plymouth Fairgrounds on March 23 and 24. The probation department will be handled by H&I at this point. We will also work with the LCM's of Amador County at the District 30 GSR Level for meeting QR Guides and support.

H&I Liaison Amador County – Cece reported: No report H&I Liaison Calaveras County: Susan reported. No report

YPAA – Young People in AA - Open

<u>Responsibility Declaration</u>: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible." was recited by the Group. Meeting adjourned 11:45

<u>Next Meeting</u>: February 11, 2023 at 10:00 a.m. Hybrid on Zoom and St. Mathew's Church

GSR Reports via Email:

- 11th Step Meditation Meeting Murphy's Suzy B – No report
- 49er Group Paul C Friday night No report.

- Copper Group -- Diana F Have asked twice about doing an inventory and though folks seem interested no actions yet. I missed a couple of meetings due to health issues in our house but am getting back on track now. Our treasury is in good shape. Usually 6 to 8 people attend. Currently using "As Bill Sees It". Keep meeting schedules on hand at meeting and at the post office. We would like to get more people to attend so announcing the meeting where we go might help.
- Easy Does It Group, San Andreas Dylan Group is running smooth! We've been averaging 12 people each meeting with a good mix of newcomers and long timers. Rent is paid through June, secretary position is coming up. No questions or concerns at this time.
- Friday Night Men's Group, Sutter Creek Brian G No report
- I'm With You Guys (White Pines Independence Hall) Randy S No report.
- **Ione Group** Dorothy No report
- Jackson Dede L No report
- Men's Freedom From Alcohol Group Greg A

 No report
- Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda – 2023 is full of promise at the Mountain Ranch Fellowship, where friends continue to meet every Wednesday night and have their hearts filled with hope, lungs filled with laughter and mugs filled with steaming coffee! Join us on the last Wednesday of the month for our Speaker/Birthday night when we celebrate with cake, chips and hugs!
- Murphys Brown Baggers Teri C. No report
- Murphy's Monday Night Meeting Grace Things are going well! Continued flux with service positions but we have some solid folks in place for books, coffee and set up, now. Stewart is bringing in great speakers and the members in attendance are sharing their ESH honestly and openly. Good mix of long term and fresh sobriety.

- Murphy's Tuesday Night Book Study Susan -Our meeting is doing well. We have 6 to 10 women in attendance. We have good discussions related to the Big Book & 12x12. Our group is looking for a set up / coffee person.
- New Hope @ Changing Echos Sunni On the third Tuesday of December 2022, there was a group conscience to allow 5 minutes during AA announcements portion of meeting following Disrict 30 meeting each month to hear GSR report. Norm, the current secretary, carpools from Starbucks in Angels Camp at 6:30 pm each Tuesday for those that don't want to drive.
- Pine Grove Fellowship Brian S No report
- Prospectors Group Cecilia S. The group is doing well. Treasury is solid. We had a Business meeting on October 11. The group voted in favor of the two motions presented by the CNIA Area which I took their vote to the assembly. Brought in the updated Group phone list. Also brought CNIA Accents, D30 Newsletters.
- Railroad Flat Speaker/Discussion Meeting, -Open
- River Pines Janet G River Pines Group has lost two solid members as they moved to West Point. We miss them and wish them well. Our Potluck meeting is the second Monday of each month. Freda M is doing a great job as Secretary. With the holidays and bad weather, our meeting has been small recently. We wish everyone a Happy and Healthy New Year!
- Sierra Foothills Fellowship, Monday at 7:00
 p.m. Greg N We held a Business meeting on
 the first Monday of January and we are doing
 well. We will have a new Secretary and also a
 new Coffee and Cake person soon. It is time for
 Service Rotation.
- There is a Solution Group, Murphy's Saturday 10:00 am. Carole S – The "There Is a Solution" group of Alcoholics Anonymous wishes to thank Aldonna, Andrew, and Grace for their service as our out-going secretary, setup and coffee maker. We welcome Tony, our new secretary, Mike, our new coffee-maker,

and Andrew as our new set-up person. Thank you, guys, for stepping up! Our treasurer, Chaz, has also made our 4th Quarter distributions and reports that we are financially healthy. I will be attending the 2023 Winter Assembly and am looking forward to the second year of our panel to serve this group as your General Service Representative.

- Turning Point Recovery Facility Meeting Michael M – 15-20 people attending including the residents.
- Valley Springs Jeff Struggling with attendance at some meetings. Also having some challenges getting new secretaries to fill positions.
- Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group – Mike C – Same as last month!
- Villella Hall Topic Discussion Group Harry We have elected a new Secretary Jim C who took over from January --June, 2023. We have elected a new Coffee Maker and set-up man whose term also runs from January --June 2023 Todd M. Al V continues as our Treasurer and has one more year on his commitment. Our Seventh Tradition Contributions are current and met quarterly.
- Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys M: No report
- West Point Neal On Jan 26th this group will celebrate their 30th anniversary @ 7:00. Pizza, candy will be available. One of the original members will be chairing the meeting. Attendance is going well.

Yours in Service, Mike C., Recording Secretary

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested AAs* are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

District 30 Trusted Servants

District Committee Member

Titia Ashby sv6504tg@gmail.com Alternate DCM Greg N gregniskanen@gmail.com Treasurer Randy Seale Jrsealejr@gmail.com **Recording Secretary/Publications** Mike Canniff Mike.canniff@outlook.com PI/CPC Chair Harry T harrytittle83@gmail.com **Bridging the Gap Chair** Arrah M arrahatjomas@gmail.com **Hotline Chair OPEN** Website Chair Jim Bearden.....jbearden@ieee.org Directory Carole S carole336633@gmail.com **Grapevine Chair Archivist Chair** Susan Rudolph Suerudolph3@gmail.com **Unity Day Chair** Mike Canniff Mike.canniff@outlook.com

Addresses for Group Contributions

District 30 (<u>cnia30.org</u>) P O Box 43 - Murphys, CA 95247

California Northern Interior Area (<u>cnia.org</u>**)** PO Box 161712 Sacramento, CA 95816

General Service Office (<u>aa.org</u>), 212-870-3400 PO Box 459 New York, NY 10163

Central California Fellowship of Alcoholics Anonymous, aasacramento.org

916-454-1100 9960 Business Park Dr., #110 Sacramento, CA 95827

Delta Central Office (<u>www.aadelta.org</u>)

1525 N. Eldorado St., Suite #3 Stockton, CA 95204

Oficina Latina Central

600 4th Street West Sacramento, CA 95691 (916) 372-0343

Oficina Intergrupal del Valle Central

3744 Atchison Street Ste E Riverbank, CA 95367 (209) 869-1693

Northern California H&I Committee

PO Box 192490 San Francisco, CA 94119-249