



CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 29 Issue 12 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** December 2022

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

Special Events

Gratitude Dinner – Presented by Amador County Speaker meeting.

November 19, @ 4:30-7:00 PM

Jackson Senior Center, NY Ranch Road

Thanksgiving Marathon Meetings – Jackson Fellowship. Nov 24 starting at 10:00 through 7:30

CNIA District 30 Business Meeting

Covid19 Information for Amador/Calaveras Meetings:
For meeting information within District 30, go to cnia30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

November Draft Minutes:

Open with the Serenity Prayer – Titia opened meeting at 10:02 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Grace.

Read the Declaration of Unity – Read by Carole.

Introduction of New GSRs or Visitors here for the first time:

- Sunni – New Hope Meeting @ Changing Echoes

Celebrations or Announcements:

- Jackson Fellowship Thanksgiving Alcahthon – 10:00 AM to 7:30 PM
- FREE Gratitude Dinner, 11/19 4:30-7:30, Being held at Senior Center, New York Ranch Rd.

Readings for the Month – Harry T. read Tradition 11. Discussed attraction vs promotion concepts in detail. We allow other institutions promote AA in order to attract new members. Dorothy read Concept 11 – Written in 1962. The various committees are important in supporting the Trustees. Nominating, Finance, Literature, and Publications are some of the committees. This is all based on the concept of the inverted triangle of authority. Also discussed the long process of making decisions which is prudent and intentional.

Volunteers for next month → Concept 12 = Greg A, Tradition 12 = Teri C

Consideration of Minutes – October 8, 2022 Minutes – Motion: Susan R 1st – Harry 2nd, Motion carried.

Old Business:

- **District Guidelines** – Suggested that we add a section that documents signature requirements for bank accounts, safe deposit boxes, storage lockers.

- **CNIA Area 07 Mini PRAAS Service Assembly** – Reported that it was a good event. It was noted that some of the items that was discussed have already been voted on a while back. There was a lot of discussion on the budget. There was a concern of ongoing expenses that were paid out of surplus from the last two years. Will Area be able to revise budget downwards in future years.

New Business:

- District 30 Zoom
 - Discussed moving back to full time during the winter months. General consensus was no.
 - Hybrid format – Recommended to continue with hybrid meetings. There was some concern about the DCM or the Alt-DCM not being able to open the doors due to weather.
 - Discussed adopting Zoom group expense. Mike C. has been donating cost of Zoom subscription for 2022. Susan R motioned to reimburse Mike C. for the remainder of the 2022-23 panel. Cece seconded. Motion passed.
- Area Assembly 2024 Pre-Conference – This would be the third weekend of Oct. Susan R researched more requirements while at PRAAS. There are a lot of requirements in order to host the event. Discussed partnering with D33 Toulumne and the Hispanic districts. This would be more “doable” if we get extra support. Titia and Susan will follow up with the other districts to gain support.
- Secretary Workshop – Discussed the possibility of hosting more workshops at the District level similar to pre-covid events. Will add this to new business for Dec.
- The District 30 Dec meeting will be potluck – brunch format.

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: No update. Was not able to attend the PRAAS event.

ALT DCM: Greg N – I attended the Mini PRAASA that was held at the Yuba Sutter County Fairgrounds this last weekend October 14 - 16, 2022. Below is my report. There were a couple of Panels that our very own Susan

participated on. They were pretty good and had some great information.

The meat of the Assembly was spent on discussing and finally passing the Area 7 Spending Plan for next calendar year (2023). A final copy is expected to be available from the Area Treasurer soon. The amended Spending Plan totals to about \$106,105.00 for the upcoming year. There were about 4 members of the Area (members are defined as Area Officers and Appointed Chairs, DCM's GSR's or their alternates) that voted against the Plan. The Minority Opinion was heard and there was NOT a motion to reconsider. The Motion was carried and we now have a spending plan for next year.

There was also that motion that we have been discussing at our Group Level and at the District Meeting as well. The motion identified and asked that the Area Finance Committee be able to spend up to 20% of the funds in excess of the prudent reserve at the time of the approved spending plan for the year". That motion has been active since the Winter Assembly earlier this year. It was discussed for a bit and there was substantial unanimity to vote on this and the motion did pass. There were 3 folks that voted against the motion and they were given the opportunity to state their reasons why they did so, they declined and the motion was carried.

The Area also conducted an Inventory at this Assembly. The following questions were asked and there was quite a bit of discussion at the microphone:

- How can our Area become more receptive to change?
- How can the Area support all Districts to grow and participate in ways that make sense for their unique geographic locations, meetings, and members? Do we support all members to participate in service events and activities?
- Do I have a good understanding of the Area's primary purpose? Does our spending plan reflect and support the priorities? Do we make efficient use of our 7th Tradition contributions, resources, time, energy, knowledge?

- How effective and useful is the two-way communication between the Area and districts? How can the Area support Districts, Groups and GSRs to use the Traditions, carry the message, and fulfill their primary purpose to reach the still-suffering alcoholic?

There was some very healthy discussion and the Area will be taking a hard look at some of the responses.

LCM North Amador Hwy 49: – Open

LCM Upper Amador Hwy 88: Cecilia S – Reported that everything is OK.

LCM San Andreas – West Point: Susan R – No issues. Will plan to visit Railroad Flat.

LCM Valley Springs/Ione/Comanche: Dorothy S – Ione opened a second meeting on Th evening – book study. Other meetings in the area are going well.

Recording Secretary/Publications: Mike C – Everything in good shape

Treasurer: Randy S –

10/1/2022 through 10/31/2022	Oct. 1 -Oct. 31
INCOME	Amount
Group Contributions:Arnold Men's Freedom from Alcohol	\$ 233.43
Group Contributions:Arnold Mountain High	\$ 73.00
Group Contributions:Arnold Tues. I'm With You Guys Group	\$ 58.00
Group Contributions:Arnold We Are All Back Together	\$ 307.50
Group Contributions:Copper Group of AA	\$ 175.00
Group Contributions:Jackson Fellowship	\$ 120.00
Group Contributions:Mt. Ranch Fellowship	\$ 100.00
Group Contributions:Murphys 11th Step Meditatn Meetng	\$ 60.00
Group Contributions:Murphys Mon. Topic Disc. Group	\$ 231.45
Group Contributions:Pioneer Sierra Foothills Fellowship	\$ 150.00
Group Contributions:Valley Springs Fellowship	\$ 500.00
Total Contributions:	\$ 2,008.38
7th Tradition at District Meeting	\$ 38.00
EXPENSES	
Alt. DCM:Assembly Lodging and Meals	\$ (50.00)
Alt. DCM:Assembly Registration	\$ (7.50)
Alt. DCM:Delta Intergroup - mileage	\$ (107.87)
Alt. DCM:Mileage to Area Assemblies	\$ (52.20)
DCM:Mileage - Area Committee Mtgs	\$ (87.40)
District Operating:D30 Storage	\$ (80.00)
District Operating:Rent - district meetings	\$ (105.00)
Hotline:Delta Intergroup	\$ (100.00)
Hotline:Telephone- Refund	\$ 98.86
OTHER DISTRICT EXPENSES:District meeting refrshmnts & supplies	\$ (17.00)
Total Expenses:	\$ (508.11)
Checking Account Balance as of 10/31/2022	\$ 10,245.07
Prudent Reserve Balance as of 10/31/2022	\$ 3,008.00
Treasurer's Commentary:	
Contributions at this point are significantly ahead of the same period last year (i.e. July through October). Several of the contributions were identified as "Quarterly" contributions.	

Motion to approve Treasurer's Report: Motion, Susan R 1st / Greg A 2nd . Motion carried unanimously.

Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S – Provided feedback to publication committee on the guidelines. No other issues

Directory/Website Chair: Jim B / Mike C – The web site is up to date with a number of changes over the last two weeks. I'd also like to remind everyone that we still need a district-wide group conscience about whether to change our meeting-schedule format to the one shown on the "test" site (<http://test.cnia30.org/>), which is compatible with the "Meeting Guide" app. This site is working correctly again now, so anyone who hasn't looked at it yet should do that, so we can decide whether to use that format for our "main" Web site.

Archives Chair: Susan R: Our committee is going well. The archives are now moved into the safety deposit boxes. We have received 3 flash drives from the previous archivist. I haven't gone through them yet but I am hopeful the pictures Del took are on them for our project.

Unity Day: Mike C – Date will be October 28th, 2023. Title will be "Grateful I'm not Dead!" with Halloween theme. Location is San Andreas Senior Center.

Grapevine Chair: Paul C – No report.

Bridging the Gap Chair: Arrah M – Did a presentation at Turning Point Rehabilitation Center to 5 clients. Forwarded 1 Temporary Contact Requests to Area 7.

PI/PCP: Harry T – I have reviewed the new committee guidelines and will work with Area and Delta Inter Group to implement. Have started distributing more pamphlets to the Adventist Health and Dignity Health ER Facilities in Arnold, Angels Camp, and Calaveras County. Amador County Newcomers must be doing ok because since handing off meeting guides and QR Directory info all has been quite. Hwy 4 Corridor Meetings that I attend have new comer's growing with in person sponsor lists available which is working.

H&I Liaison Amador County – Cece reported: Women will be attending starting Jan 2. Not enough men to attend to start jail meetings. Contact Sheila W.

H&I Liaison Calaveras County: Susan reported. Carole will be acting as a liaison with the jails.

YPAA – Young People in AA - Open

Responsibility Declaration: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible." was recited by the Group. Meeting adjourned 11:45

Next Meeting: December 10, 2022 at 10:00 a.m.
Hybrid on Zoom and St. Mathew's Church

GSR Reports via Email:

- **11th Step Meditation Meeting Murphy's – Suzy B** – No report
- **49er Group – Paul C – Friday night** – No report
- **Copper Group -- Diana F** – At the Copperopolis Topic Discussion meeting on October 5 there was a consensus that we do a group inventory over the next several weeks. I made available to the people the inventory information from the AA group pamphlet, no one chose to take it. I had printed off a copy of the Treasurers Pamphlet from the AA site and gave it to the treasurer who had never seen it. I will get a copy of the Secretary's handbook for the group as there is no longer one here. By the 3rd week going forward we will again address the issue of staying hybrid or not. Lots to discuss, we will see what people bring to the table by way of concerns as they have time to think about the health of the group
- **Easy Does It Group, San Andreas** – Dylan – Everything is going smooth for the San Andreas Easy Does It group. Attendance is up with a good mix of newcomers and old-timers. Financially were sitting good and will be making our donation to the church for rent as well as splitting the funds between district, New York and area.
- **Friday Night Men's Group, Sutter Creek** – Brian G – No report
- **I'm With You Guys (White Pines Independence Hall)** – Randy S – No change from last month.
- **Ione Group** – Dorothy – We did reopen the Thursday Night Book Study in Ione starting last Thursday. It is already on the CNIA 30 website. We had good attendance for the first meeting - hope it continues. The regular Tuesday night discussion meeting continues to have good attendance - 15-20 each week. Due to increased costs, we will be unable to initiate General Service contributions until probably after the first of the year due to the need to

increase the prudent reserve as the rent doubled. We did send the H&I contributions out last month.

- **Jackson** – Dede L – Group Inventory was held on 11/5. There is a Newcomer's meeting started on 11/11. This will be every Friday @ 6:00 PM. During November, one long tradition will be read at every meeting (choice left to the reader) to honor AA's traditions month.
- **Men's Freedom From Alcohol Group** – **Greg A** – Solid group of men welcoming newcomers and visitors. Join us for strong recovery and the best darned coffee around.
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch** – **Amanda** – No report
- **Murphys Brown Baggers** – **Teri C.** – No report.
- **Murphy's Monday Night Meeting** – **Grace** – There's been an all around changing of the guard; new secretary, set up and book persons. Still need a coffee person. Looking forward to seeing how the next 6 months unfold.
- **Murphy's Tuesday Night Book Study** – **Susan** - Our meeting is doing well. 6 to 12 women in attendance.
- **Pine Grove Fellowship** – **Brian S** – No report
- **Prospectors Group** – **Cecilia S.** – The group is doing well. Treasury is solid. We had a Business meeting on October 11. The group voted in favor of the two motions presented by the CNIA Area which I took their vote to the assembly. Brought in the updated Group phone list. Also brought CNIA Accents, D30 Newsletters.
- **Railroad Flat - Speaker/Discussion Meeting**, - Open
- **River Pines** – **Janet G** – No report
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – **Greg N** – No report
- **There is a Solution Group, Murphy's** – **Saturday 10:00 am.** **Carole S** – If you're looking for a great way to start your weekend, "There Is a Solution" group of Alcoholics Anonymous meets every Saturday morning at 10:00am in Murphys at the Lion's Club Hut. At the last

business meeting the group voted to change the way we split our quarterly distributions.

- **Turning Point Recovery Facility Meeting** – **Michael M** – No report
- **Valley Springs** – **Jeff** – No report
- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group** – **Mike C** – Meeting is doing well with attendance about 8-10
- **Villella Hall Topic Discussion Group** – **Harry** – Our Thursday Night Meeting is continuing to attract a sober and lively crowd. Attendance is staying around 20-25 mixed participants. Both Missy and Nicole from our local SLE Turning Point in Arnold bring attendees and have chairperson's with topics that appeal to long termers and new comers in sobriety. Vic A our Treasurer continues to maintain the 7th tradition distribution passing both the H&I can and the hat for weekly contributions. WE encourage those in the area of Chapel of the Pines in Arnold on Thursday Night at 7:30PM to join us for Hot Coffee, cookies and good AA!!
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp** – **Chrys M**: Absent
- **West Point, Neal**: Things are good at the Thursday evening meeting. 15-20 attendees.

Yours in Service, Mike C., Recording Secretary

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

District 30 Trusted Servants

District Committee Member

Titia Ashby sv6504tg@gmail.com

Alternate DCM

Greg N gregniskanen@gmail.com

Treasurer

Randy Seale Jrsealejr@gmail.com

Recording Secretary/Publications

Mike Canniff Mike.canniff@outlook.com

PI/CPC Chair

Harry T harrytittle83@gmail.com

Bridging the Gap Chair

Arrah M arrahatjomas@gmail.com

Hotline Chair

OPEN

Website Chair

Jim Bearden..... jbearden@ieee.org

Directory

Carole S carole336633@gmail.com

Grapevine Chair

Paul C bhipaul@gmail.com

Archivist Chair

Susan Rudolph Suerudolph3@gmail.com

Unity Day Chair

Mike Canniff Mike.canniff@outlook.com

Addresses for Group Contributions

District 30 (cnia30.org)

P O Box 43 - Murphys, CA 95247

California Northern Interior Area (cnia.org)

PO Box 161712

Sacramento, CA 95816

General Service Office (aa.org),

212-870-3400

PO Box 459

New York, NY 10163

Central California Fellowship of Alcoholics

Anonymous, aasacramento.org

916-454-1100

9960 Business Park Dr., #110

Sacramento, CA 95827

Delta Central Office (www.aadelta.org)

1525 N. Eldorado St., Suite #3

Stockton, CA 95204

Oficina Latina Central

600 4th Street

West Sacramento, CA 95691

(916) 372-0343

Oficina Intergrup al Valle Central

3744 Atchison Street Ste E

Riverbank, CA 95367

(209) 869-1693

Northern California H&I Committee

PO Box 192490

San Francisco, CA 94119-249