



CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 29 Issue 11 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** November 2022

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

Special Events

Sponsorship Workshop – Jackson Fellowship
October 15, @ 2:00 PM
14 Water St. Jackson

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

CNIA District 30 Business Meeting

Covid19 Information for Amador/Calaveras Meetings:
For meeting information within District 30, go to cni30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

Draft Minutes:

Open with the Serenity Prayer – Titia opened meeting at 10:00 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Cece.

Read the Declaration of Unity – Read by Greg A.

Introduction of New GSRs or Visitors:

- None

Celebrations or Announcements:

- Dorothy 31 years
- 49er Group is celebrating 60 years this month.
- Titia passed around various announcements from Area and PRAASA 2023
- Jackson Fellowship has Sponsorship Workshop on 10/15 @ 2:00
- Changing Echoes will now be hosting outside meetings. They are requesting more than just a secretary to show up. Carole volunteered to be secretary.

Readings for the Month – Randy S read Tradition 10. Randy reflected on the history of reform movements. Politicians impacted the Washingtons group which resulted with group falling apart. Also noted that public officials announced their membership in AA which resulted in negative publicity. The goal of this tradition is support AA unity and primary purpose. It was commented that increasing online social media people are mentioning that they are in AA. Paul C read Concept 10 – Service responsibility should be matched with specific authority. This concept has allowed AA to continue function.

Volunteers for next month → Concept 11 = Dorothy, Tradition 11 = Harry

Consideration of Minutes – September 10, 2022 Minutes – Motion: Susan R 1st – Carole 2nd, Motion carried.

Old Business:

- **Budget Revision** – Discussed mileage rate. Recommended that we adopt the IRS specified rate. This is currently .585 per mile. This would add \$339 to the DCM budget. It was approved in September for \$500 alt-DCM travel. Motion to approve Finance Committee new mileage rate beginning Oct 1 by Carole and seconded by Michael M. Motion passed.
- **Guidelines** – No update. The publication committee will review the following:
 - Remove the hotline position
 - Add new duties to alt-DCM
 - Revisit all of the sections for specific duties. It was suggested that other committees or positions review their sections for updates.
- **CNIA Area 07 Mini PRAAS Service Assembly**
 - Greg N will be attending and vote to approve the Finance Committee proposal
 - Area Inventory – The focus will be on the spending plan helping groups to achieve their primary purpose.
 - Finance Committee also wants to add line items to budget. For example, there was an expense for Spanish language translation investment.

New Business:

- CNIA Area 07 Mini-PRAAS Prudent Reserve: Several members will be attending. Discussed the issue of prudent reserve for the Area. Currently it was 3 months of rent, insurance, and member expenses. Now need to include tax preparation, increase insurance expense. Goal would be to increase by 100% to \$16250.
- Area Assembly 2024 Pre-Conference – Discussed hosting the conference in D30. We may also co-host with D33 in Toulumne County.

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: First, I would like to thank the District 30 groups for their support and willingness to send me to the 2022 Pacific Region Forum in SLC Utah last month.

We started with the opening at 4:00p on Friday and then the First Timers Orientation and then Forum being called to order by our Class B Trustee Reilly K. We got to hear from the GSO Manager Bob W., the GSO Chair and some of the GSO Staff. And then we had a very open “What’s on your mind”. This is when attendees of the

Forum can ask questions, make comments, or just say "HI". We had several of these sessions during the weekend and every one of them had members sharing from their heart the things that were important to them and their Home Groups.

We heard from several Russian members asking for help for their AA friends in Russia who at this time have no access to our basic AA text or literature. GSO reported that they were aware of the need and were working with China to help get AA literature into Russia. We heard from Trish L. the Trustee-at-Large from Canada who told us about the AA members from Venezuela who had requested help with the acquisition of both paper and ink to print AA literature. In both cases, we were told that these are just small examples of how our 7th Tradition contributions help other AA members in need. We were reminded that our responsibility statement says, "When anyone anywhere reaches out for help, we want the hand of AA to be there".

Our Delegate Jenn D. gave a beautiful talk on "Accessing Our Message" and what Accessibility really looks like. When we think about accessibility, are we only thinking about our group? The 50 or 100 people that we might know in the rooms. Or are we taking into consideration the AA population as a whole? Are we welcoming to the single mother who does not have or cannot afford childcare and needs to bring her kids to a meeting so she can stay sober one more day? Do we acknowledge that some of our members don't feel like they fit in our rooms, do we fail to welcome a stranger or a newcomer? Do we close our meetings with the Lords Prayer rather than the Serenity Prayer, leading newcomers to believe that we are a Christian based program? All meetings are autonomous, but is your Home Group being closed off to change and growth by being stuck in old ways? These are just a few things to think about, but it challenges everyone of us the open our minds and our hearts to all suffering and recovered alcoholics.

I left the Forum with a full heart and a had an awesome weekend learning more about how our AA process still works just like it was intended to back in 1955 when Bill and Bob turned the program over to the General Service Conference, the Trustees A (non-alcoholic) and the Trustees B (alcoholic). I would recommend all AA members attend an AA Forum sometime in their life.

ALT DCM: Greg N – I attended the Delta Intergroup Meeting last month and will do so again in October. I am taking with me the sign up sheets that have been circulating that contain the names and phone numbers of the folks from Amador and Calaveras Counties for the Hot Line and 12 Step Call lists. It is actually quite fun to attend those Business Meetings as the Delta Intergroup operates a bit differently. I am registered and will attend the Area 7 Mini PRAASA in October and will be acting as the District Committee Member as our DCM is unable to attend.

LCM North Amador Hwy 49: – Open

LCM Upper Amador Hwy 88: Cecilia S – No report

LCM San Andreas – West Point: Susan R – No report.

LCM Valley Springs/Ione/Comanche: Dorothy S – Meetings in the area are going well.

Recording Secretary/Publications: Mike C – Everything in good shape

Treasurer: Randy S –

			District 30 Finance Report FY 2021-2022				
						September	2022
						(1 September - 30 September)	
Group Contributions:							
Arnold Thursday Night White Pines						\$	240.00
Mt. Ranch Fellowship						\$	150.00
Pine Grove Fellowship						\$	900.00
Sutter Creek Men's Meeting						\$	50.00
sub total						\$	1,340.00
7Th Tradition District Meeting						\$	52.00
						Total Inflow	\$ 1,392.00
Expenses:							
DCM - Pacific Refion Forum Lodging, meals, airport parking, mileage						\$	428.83
District 30 Storage						\$	80.00
Pi-CPC - Website Domain Registration						\$	203.88
District Meeting Supples						\$	15.00
						Total Outflow	\$ 727.71
						As of :	9/30/2022
Checking Account Balance						\$	8,991.80
Savings Account Balance (Prudent Reserve)						\$	3,007.93
						Total	\$ 11,999.73
Treasuer's Commentary:							
DCM expense for Pacific Region Forum was within budgeted expense. Website expense was for one year of GoDaddy registration.							

Motion to approve Treasurer's Report: Motion, Greg A 1st / Susan R 2nd. Motion carried unanimously.

Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S – See Old Business

Directory/Website Chair: Jim B / Mike C – Our "main" District 30 Web site is currently in good shape, and up to date with its meeting information, as far as I'm aware (and I hope anyone who sees any problems will let me know, so they can be fixed). The "test" site that we were thinking of bringing in as our main site, though,

has developed a new problem that will prevent that until it can be fixed. As Mike first noticed, and I confirmed, and have not yet found a solution for it, the "Meetings" page, which depends on the "12 Step Meeting List" plugin, now shows the message "Configuration error: time zone is not set", and refuses to show any meetings. In fact, the time zone is properly set to Pacific time, as it always has been, so the plugin apparently has a new bug which prevents it from working properly. I've (twice) contacted the same person in the "Code 4 Recovery" group who was my contact for fixing previous problems with the plugin, but have not yet heard back from him. Until that gets fixed, however, we obviously can't migrate to the new configuration, so we'll have to maintain the current "main" site for a little longer.

Archives Chair: Susan R: Switched to do quarterly meetings to the District. Goal is to develop a virtual review of the Archives.

Unity Day: Mike C – October 2023 deadline.

Grapevine Chair: Paul C – Read the daily quote from Grapevine.

Bridging the Gap Chair: Arrah M – Did a presentation at Turning Point Rehabilitation Center to 6 clients. Forwarded 2 Temporary Contact Requests to Area 7.

PI/PCP: Harry T – The recap for the Dignity Health Mark Twain Health Fair is as follows: Excellent attendance and booth location. There is frustration among the Mental Health Professionals when they continue to see so many alcoholic's return again and again after treatment. They also questioned why H&I and Al-Anon did not attend. We need a bigger Meeting Guide that can be scanned when people go to our booth, rather than have to stand in line to get our small one. The 2014 AA Membership Survey Display was well received and explained, which I will bring to our meeting today. Mike T did a great job for us and thanks again for the support from our fellowship.

H&I Liaison Amador County – Cece reported: Mule creek will allow groups to enter

H&I Liaison Calaveras County: Carole reported. Calaveras has reported that they will allow groups back in but need everyone to fill out forms. Carole will coordinate submitting these.

YPAA – Young People in AA - Open

Responsibility Declaration: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am

responsible." was recited by the Group. Meeting adjourned 11:45

Next Meeting: November 12, 2022 at 10:00 a.m.
Hybrid on Zoom and St. Mathew's Church

GSR Reports via Email:

- **49er Group – Paul C – Friday night – 7:00 p.m.**
- **Copper Group -- Diana F** – At the Copperopolis Topic Discussion meeting on October 5 there was a consensus that we do a group inventory over the next several weeks. I made available to the people the inventory information from the AA group pamphlet, no one chose to take it. I had printed off a copy of the Treasurers Pamphlet from the AA site and gave it to the treasurer who had never seen it. I will get a copy of the Secretary's handbook for the group as there is no longer one here. By the 3rd week going forward we will again address the issue of staying hybrid or not. Lots to discuss, we will see what people bring to the table by way of concerns as they have time to think about the health of the group
- **Easy Does It Group, San Andreas** – Dylan –
- **Friday Night Men's Group, Sutter Creek** – Brian G –
- **I'm With You Guys (White Pines Independence Hall)** – Randy S - Meeting in person at Independence Hall in White Pines re-started beginning of September. Topic discussion meeting from 7:30 P. M. to 8:30 P.M. has been well attended since resuming in person. Attendance between 20 and 25 with 4-6 newcomers at each meeting.
- **Ione Group** – Dorothy – Business meeting was held last Tuesday 9/27/2022. Treasurers report: We are holding 4 months of expense in prudent reserve account. There is some money in H&I Can and about \$400 in excess cash. A discussion was held regarding concerning remitting payments to District, CNIA region, and New York. The group felt that we should hold on to our money for now to pay upcoming expenses. We need to buy big books; renew Grapevine and BytheWay subscriptions and are

contemplating reopening a second weekly meeting – in such case our rent will double and we will need to increase the Prudent Reserve. We will look at it again at the next business meeting and hope to begin sending money for support by District, Region and New York at that time. (early 2023)

- **Jackson** – Dede L – Group Sponsorship Workshop. Oct 15 2:00, Group Inventory 11/5 2:00
- **Men's Freedom From Alcohol Group – Greg A** – Solid group of men welcoming newcomers and visitors. Join us for strong recovery and the best darned coffee around.
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** - Mountain Ranch is starting a new service period with devoted members demonstrating what Service looks like! During weekly Wednesday night meetings the gathering glows with love, support and fellowship. All are welcome to join us for Birthday night, the last Wednesday of the month, celebrated with a cake, medallions and hugs! Business meetings are held the third Wednesday of the month, post discussion meeting.
- **Murphys Brown Baggers – Teri C.** – All is well with the Brown Baggers. We are enjoying our new secretary and have had many great chairpeople. Meeting is making donations to district and General Services etc this month and we are financially stable. Meeting is being well attended.
- **Murphy's Monday Night Meeting – Grace** – After several business meetings, the format has been slightly altered. Regular meeting attendance is still strong. A treasurer's report was submitted last week and our expenses are paid/contributions made
- **Murphy's Tuesday Night Book Study – Susan** - Our meeting is doing well. 8 to 12 women in attendance. We are studying the 12 Traditions. We recently elected a new secretary and thank Debi I., for her service to our meeting as our secretary.
- **Pine Grove Fellowship – Brian S** – No report
- **Prospectors Group – Cecilia S.** – The group is doing well. Still allot of participating members. Starting to get some newcomers Yea! We had a Business Meeting on September 27. I let them know that I was attending Assembly/Mini PRASA October 15-16. I handed out the 2 CNIA motions on PR increase to pay additional expenses. We went over than I asked members of the group to take home to look at it. Our next business meeting is on Tuesday, October 11. Will bring their Group Conscious to the Assembly next weekend. Brought in Group phone list for an update. Also brought CNIA Accents, D30 Newsletter and updated meeting schedules.
- **Railroad Flat - Speaker/Discussion Meeting,** - No report
- **River Pines – Janet G** – No report
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – The Fellowship is awesome and the meeting is thriving again. It is back to its pre covid attendance once again. The coffee is very good and the spirituality is even better. Monday evenings at the Faith Lutheran Church Hall in Pioneer, Ca. at 7 pm. We would love to see you there!
- **There is a Solution Group, Murphy's – Saturday 10:00 am.** Carole S –
- **Turning Point Recovery Facility Meeting – Michael M** –
- **Valley Springs – Jeff:**
- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group** – Mike C – Meeting is doing well with attendance about 6-8. Just paid rent for next quarter. Finances are good.
- **Villella Hall Topic Discussion Group – Harry** – The meeting continues to grow with more than 20 mixed attendees weekly. We have a good number of new comers from the SLE Turning Point each week. They all contribute to their recovery and this is good to see. Our treasury is secure and handled properly by Al V with contributions being made to the monthly distributions as suggested. We encourage those in the neighborhood of Chapel of the Pines at

7:30PM on Thursday Evening to stop by
for Fresh coffee cookies and join us!!

- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys M:** Absent
- **West Point, Neal:** Things are good at the Thursday evening meeting. 15-20 attendees.

Yours in Service, Mike C., Recording Secretary 209-969-1518

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

District 30 Trusted Servants

District Committee Member

Titia Ashby sv6504tg@gmail.com

Alternate DCM

Greg N gregniskanen@gmail.com

Treasurer

Randy Seale Jrsealejr@gmail.com

Recording Secretary/Publications

Mike Canniff Mike.canniff@outlook.com

PI/CPC Chair

Harry T harrytittle83@gmail.com

Bridging the Gap Chair

Arrah M arrahatjomas@gmail.com

Hotline Chair

OPEN

Website Chair

Jim Bearden..... jbearden@ieee.org

Directory

Carole S carole336633@gmail.com

Grapevine Chair

Paul C bhipaul@gmail.com

Archivist Chair

Susan Rudolph Suerudolph3@gmail.com

Unity Day Chair

Mike Canniff Mike.canniff@outlook.com

Addresses for Group Contributions

District 30 (cnia30.org)

P O Box 43 - Murphys, CA 95247

California Northern Interior Area (cnia.org)

PO Box 161712

Sacramento, CA 95816

General Service Office (aa.org),

212-870-3400

PO Box 459

New York, NY 10163

Central California Fellowship of Alcoholics

Anonymous, aasacramento.org

916-454-1100

9960 Business Park Dr., #110

Sacramento, CA 95827

Delta Central Office (www.aadelta.org)

1525 N. Eldorado St., Suite #3

Stockton, CA 95204

Oficina Latina Central

600 4th Street

West Sacramento, CA 95691

(916) 372-0343

Oficina Intergrupar del Valle Central

3744 Atchison Street Ste E

Riverbank, CA 95367

(209) 869-1693

Northern California H&I Committee

PO Box 192490

San Francisco, CA 94119-249