



# CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 29 Issue 10 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** October 2022

## Mark Your Calendar

**District 30 Business Meeting:** Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

### Regular Speaker Meetings

**Arnold Mountain High Speaker Meeting:** First Saturday, 4 pm, Vilella Hall, Arnold.

**Valley Springs Fellowship Potluck Speaker Meeting:** Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

**Amador County Speaker Meeting – 3<sup>rd</sup> Saturday** 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

**H&I Committee Meeting, Amador:** Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

**PI/CPC Committee Meeting:** Not currently meeting in person. Normally, meets every 3<sup>rd</sup> Wednesday of the month at 2 pm.

**District 30 Archives Committee:** Every 1<sup>st</sup> Wednesday meeting via Zoom - 2 to 4 PM.

### California Northern Interior Area

**Area Committee Meeting:** Monthly 3<sup>rd</sup> Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

## Special Events

**Secretary Workshop – Jackson Fellowship**  
September 24, @ 2:00 PM  
14 Water St. Jackson

## **CNIA District 30 Business Meeting**

### Covid19 Information for Amador/Calaveras Meetings:

For meeting information within District 30, go to [cni30.org](http://cni30.org) for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group [jbearden@ieee.org](mailto:jbearden@ieee.org). If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

### Draft Minutes:

**Open with the Serenity Prayer** – Titia opened meeting at 10:00 a.m. with the Serenity Prayer.

**Read the GSR Preamble** – Read by Dylan.

**Read the Declaration of Unity** – Read by Suzy

**Introduction of New GSRs or Visitors here for the first time:**

- Suzy GSR 11<sup>th</sup> Step Prayer and Meditation
- Neal GSR for West Point

### Celebrations or Announcements:

- Mike C 35 years
- Greg 27 years
- Suzy 4 years
- Harry T 7 years
- Titia 21 years

### Readings for the Month – Dorothy read Tradition 9.

Mentioned that Traditions were initially adopted only by groups in dire straits. Discussed lack of organization. Even the GSO adheres to this tradition. AA members can't be dictated to. Carole read Concept 9 – Leadership can be adopted by the trustees or board. Weak leadership can hardly function at all. Leaders should not be faceless, but also no leader is perfect. Leaders lead by example, but don't boss us. Compromise should be done cheerfully. Vision is the most important quality of leadership. Discussed that it is up to the group for us to choose our leaders.

Volunteers for next month → Concept 10 = Paul C, Tradition 10 = Randy S

### Consideration of Minutes – Aug 13, 2022 Minutes –

Motion: Greg A 1<sup>st</sup> – Carole 2<sup>nd</sup>, Motion carried.

### Old Business:

- **D30 Test Site New Meeting List** – Feedback: Some did not like the orange color of the filter buttons. Could this be changed? It was noted

that Delta Intergroup is not using this format. So we will still need to send updates to Delta. It was suggested that the printable format is still useful. Some groups want to print this out (at group cost). Teri C motioned to use the new meeting format provided that suggestions are implemented. Michael M seconded. Motion passed.

- **Delta Intergroup Liaison** – Greg N visited the main office. Delivered a list of volunteers for the new hotline.

### New Business:

- **Unity Day 2023** – Discussed April or Oct 2023 date. Tabled for Unity Day committee discussion
- **Alt DCM Budget** – Requested increase to \$500 to attend meetings and go to Stockton. Discussed per mile reimbursement amount. Current rate is .44 per mile. Decided to separate these two issues. Motion to reimburse Greg at the current rate by Carole. Jeff seconded. Motion passed. It was decided that the finance committee will come up with the new mileage amount and revised budget. This is due in Oct.
- **CNIA Guidelines revision**
  - Remove the hotline position
  - Add new duties to alt-DCM
  - Revisit all of the sections for specific duties. It was suggested that other committees or positions review their sections for updates.
  - Greg A, Carole and Teri volunteered to assist the publication committee.
- **CNIA Area 07 Mini-PRAAS** : Several members will be attending. Discussed the issue of prudent reserve for the Area. It was noted that table seating at the PRAAS may not be by District – big change!
- **AA Grapevine Publication** – Grapevine will be revising prices soon.

### Trusted Servants and Committee Reports:

**DCM: Titia A Panel 72:** I am very excited to be attending the Pacific Region Forum September 16 - 18 in Salt Lake City. I am sharing a room with our current Area 07 Delegate, so I am sure I will have lots of little tidbits to report back on. I plan on attending the Mini

PRAASA in Yuba City October 14 - 16. This is an Area Assembly and is open to all. So if you are interested in what happens at an Assembly, or just want to know how AA Service at the GSR level works, please join us.

**ALT DCM:** Greg N – See Old Business

**LCM North Amador Hwy 49:** – Andrew – Plymouth is got a good group attendance 10 to 12 great secretary is doing a great job with the message of courage and grace. River pines still the same secretary for both groups (Frieta). I'm going to have to step down from my position due to retirement and possible move.

**LCM Upper Amador Hwy 88:** Cecilia S – No report

**LCM San Andreas – West Point:** Susan R – No report.

**LCM Valley Springs/Ione/Comanche:** Dorothy S – No update

**Recording Secretary/Publications:** Mike C – Everything in good shape

**Treasurer:** Randy S –

	August	2022
	(1 August - 31 August 2022)	
<b>Group Contributions:</b>		
Jackson Fellowship		\$ 60.00
Mt. Ranch Fellowship		\$ 150.00
Railroad Flat Open Discussion		\$ 105.75
Valley Springs Coffee Break Group		\$ 40.00
West Point AA		\$ 50.00
	sub total	\$ 405.75
7Th Tradition District Meeting		\$ 68.73
	Total Inflow	\$ 474.48
<b>Expenses:</b>		
Archivist - additional safe deposit boxes		\$ 250.00
DCM - Pacific Refion Forum air fare		\$ 257.20
District 30 Storage		\$ 80.00
P. O. Box rental		\$ 66.00
Hotline - Delta Intergroup		\$ 50.00
Volcano Answering Service credit		\$ (45.16)
Pi-CPC - literature		\$ 23.88
Publications - Meeting Directory Cards		\$ 71.61
Treasurer - supplies - checks		\$ 34.40
Trusted Servants Mileage - Treasurer		\$ 20.24
District Meeting Supplies		\$ 15.67
	Total Outflow	\$ 823.84
	As of :	8/31/2022
Checking Account Balance		\$ 8,220.49
Savings Account Balance (Prudent Reserve)		\$ 3,007.85
	Total	\$ 11,228.34

**Motion to approve Treasurer's Report: Motion, Greg N 1<sup>st</sup> / Carole 2<sup>nd</sup>. Motion carried unanimously.**

**Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S – Will be meeting in Sep**

**Directory/Website Chair: Jim B / Mike C – -- I hope everyone has had a chance to look at the way meeting schedules get presented using the "12 Step Meeting List" plugin, which is supposed to connect directly to the "Meeting Guide" app (the plugin just got updated to a**

new version, by the way, but I don't think it changed anything in the meeting display). So I hope you will go ahead and vote on whether you want to adopt their meeting format, instead of the one we've used up to now, and let me know, so I can make whatever changes you decide you want.

**Archives Chair: Susan R:** No report

**Unity Day: Mike C –** Unity Day 2023 planning is on hiatus until September.

**Grapevine Chair: Paul C –**

**Bridging the Gap Chair: Arrah M –**

**PI/PCP: Harry T –** We have received the flyers from Dignity Health and are giving them out at our local meetings for the Health Fair. The response has been very good. Mike T and Jason R. will be working the event for us. Many local participants are expected to attend.

**H&I Liaison Amador County – Sheila (Acting):** The good news we received this week is that in about a month, AA is going to resume, for the first time since the onset of Covid, to bring meetings into the Amador County Jail. I was called by the Sheriff a few days ago. She asked if I still wanted to volunteer. She got my email & sent me PREA docs to review, sign & email back to her. She will be contacting all current volunteers. More good news is that we are being welcomed back into the Youth Conservation Camp in Pine Grove. (maybe in January) Greg will be reporting on this at the meeting. This is an opportunity to bring the message to the younger alcoholic who is confined.

**H&I Liaison Calaveras County: Open**

**YPAA – Young People in AA - Open**

**Responsibility Declaration:** "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible." was recited by the Group. Meeting adjourned 11:45

**Next Meeting: October 8, 2022 at 10:00 a.m. Hybrid on Zoom and St. Mathew's Church**

### GSR Reports via Email:

- **11<sup>th</sup> Step Meditation Meeting Murphy's – Suzy B** – Average 6 people in attendance over zoom. Discussing going live.
- **49er Group – Paul C – Friday night – 7:00 p.m.**
- **Copper Group -- Diana F** – A visiting member was able to lend assistance so the sound is so much better as this is still a zoom and room meeting. Treasurer was to give a report and discuss disbursements last Wed. but I was not at that meeting. The group was to discuss the divisions. The new secretary is a zoomer and has taken over and is learning the job responsibilities as he goes. Good example of how the job should be passed on and the reason for service sponsorship.
- **Easy Does It Group, San Andreas** – Dylan – group is doing well, attendance 8 to 12 people per meeting good mix of old-timers and newcomers no questions or concerns at this time
- **Friday Night Men's Group, Sutter Creek** – Brian G – Bank Balance as of 8-25-2022. \$698.07. Made Donations. (\$200.00). Petty Cash. \$72.00. Total Cash Assets \$570.42. Mens meeting attendance 4-7. Last Friday of month birthday meeting with a cake and speaker.
- **I'm With You Guys (White Pines Independence Hall)** – Randy S - Meeting resumed meetings in person at Independence Hall in White Pines starting 30 August. Topic discussion meeting from 7:30 P. M. to 8:30 P.M. has been well attended since resuming in person. Kudos to Jeremy for stepping up to be Secretary and to Brando M. for his taking over as Treasurer from Jason R. who relocated out of White Pines.
- **lone Group** – Dorothy – Not much happening in lone; we have one meeting on Tuesday at 7:30 pm Attendance has been good – we average 18-25 members per week. Don't know about the 7th Tradition: Our Treasurer has been out of town on and off most of the summer. We have business meetings once a quarter; next one will be the last Tuesday in September. Then I should have a Treasurers report. I am downloading the contribution suggestions and will get them to him at that time and encourage him to submit the payments for monies in excess of our Prudent Reserve.
- **Jackson** – Dede L – Confirmed workshops: Secretary Workshop 9/24 2:00, Group Sponsorship Workshop. Oct 15 2:00, Group Inventory 11/5 2:00
- **Men's Freedom From Alcohol Group – Greg A** – No report
- **Mokelumne Hill** - Mike C – Meeting may have closed down. Reaching out to secretary.
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** - Mountain Ranch is holding strong with weekly attendance numbers, inspiring new opportunities for service and growth! Business meetings have been slated to take place the third Wednesday of each month, post discussion meeting. September we come together to elect office positions while giving uproarious applause for our current and temporary Secretary who has not only stepped in when help was needed, but is introducing many of our new servants to the AA Service Guidelines. Long live our AA Traditions!
- **Murphys Brown Baggers – Teri C.** – The brown baggers meeting has grown exponentially and is loving our new secretary! We have great chairpersons and great sharing. We are healthy monetarily and feel we are a thriving meeting. There are a few of us that are interested in District news but we keep plugging along anyway. All in all a great meeting had grown up since our Covid closure.
- **Murphy's Monday Night Meeting – Grace** – Continued flux with the service positions. Our secretary, Karin, is doing well. Attendance has been consistent. Upcoming business meeting (9/12) to decide on some proposed changes to the format.
- **Murphy's Tuesday Night Book Study – Susan** - Our meeting is thriving. We are studying the steps out of the 12x12.
- **Pine Grove Fellowship – Brian S** – No report
- **Prospectors Group – Cecilia S.** – No report.

- **Railroad Flat - Speaker/Discussion Meeting**, - No report
- **River Pines – Janet G** – No report
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – Doing well and thriving. We are asking questions at the District Meetings and getting answers. The coffee is hot and the fellowship is spiritual. We are doing well. Join us on Monday Nights at 7 pm at the Faith Lutheran Church Hall.
- **There is a Solution Group, Murphy's – Saturday 10:00 am. Carole S** – Meets every Saturday morning at 10:00am in Murphys at the Lion's Club Hut. Attendance has grown and has returned to pre-covid levels. This is a "Bring your own topic" meeting, meaning that a basket is passed around in which you write down a topic you would like to hear about and place it in the basket. After that, the basket goes around again, and you pull out a topic for you to share on. It's remarkable and you just never know where the spirit of AA is going to take that meeting, or you that day!
- **Turning Point Recovery Facility Meeting – Michael M** – 10-13 attendance. Mostly rehab members are attending.
- **Valley Springs – Jeff:** Budget is now in place. Made district contribution.
- **Valley Springs, Coffee Break Meeting, Wednesday am Group** – Mike C – Meeting is doing well with attendance about 6-8.
- **Villella Hall Topic Discussion Group – Harry** – Our group continues to grow. The attendance is now exceeding 30 members weekly. The speaker's rotate between "long-timer's" and those with critical messages to share. We have hot coffee, fresh cookies, and casual fellowship, if you are in the area of Villiha Hall on a Thursday Night at 7:30PM stop by and join us.
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp** – Chrys M: Absent
- **West Point, Neal:** Things are good at the Thursday evening meeting.

**Yours in Service, Mike C., Recording Secretary 209-969-1518**

### **District 30 Business Meetings**

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested AAs* are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

### **Addresses for Group Contributions**

#### **District 30 ([cni30.org](http://cni30.org))**

P O Box 43 - Murphys, CA 95247

#### **California Northern Interior Area ([cni.org](http://cni.org))**

PO Box 161712  
Sacramento, CA 95816

#### **General Service Office ([aa.org](http://aa.org)),**

212-870-3400  
PO Box 459  
New York, NY 10163

#### **Central California Fellowship of Alcoholics Anonymous, [aasacramento.org](http://aasacramento.org)**

916-454-1100  
9960 Business Park Dr., #110  
Sacramento, CA 95827

#### **Delta Central Office ([www.aadelta.org](http://www.aadelta.org))**

1525 N. Eldorado St., Suite #3  
Stockton, CA 95204

#### **Oficina Latina Central**

600 4th Street  
West Sacramento, CA 95691  
(916) 372-0343

#### **Oficina Intergrupual del Valle Central**

3744 Atchison Street Ste E  
Riverbank, CA 95367  
(209) 869-1693

#### **Northern California H&I Committee**

PO Box 192490  
San Francisco, CA 94119-249