



# CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 29 Issue 9 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** September 2022

## Mark Your Calendar

**District 30 Business Meeting:** Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

### Regular Speaker Meetings

**Arnold Mountain High Speaker Meeting:** First Saturday, 4 pm, Villela Hall, Arnold.

**Valley Springs Fellowship Potluck Speaker Meeting:** Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

**Amador County Speaker Meeting** – 3<sup>rd</sup> Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

**H&I Committee Meeting, Amador:** Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

**PI/CPC Committee Meeting:** Not currently meeting in person. Normally, meets every 3<sup>rd</sup> Wednesday of the month at 2 pm.

**District 30 Archives Committee:** Every 1<sup>st</sup> Wednesday meeting via Zoom - 2 to 4 PM.

### California Northern Interior Area

**Area Committee Meeting:** Monthly 3<sup>rd</sup> Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

## Special Events

**Valley Springs Sober Summer Social** – August 20 from 4-9 PM. Rancho Calaveras Clubhouse 3995 HWY 26. BBQ and potluck. Meeting @ 6.

**Celebration of Life** – Del M. August 27 @ 1:00 PM  
AMERICAN LEGION HALL  
11401 AMERICAN LEGION DRIVE  
SUTTER CREEK

## CNIA District 30 Business Meeting

### Covid19 Information for Amador/Calaveras Meetings:

For meeting information within District 30, go to [cnia30.org](http://cnia30.org) for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group [jbearden@ieee.org](mailto:jbearden@ieee.org). If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

### Draft Minutes:

**Open with the Serenity Prayer** – Titia opened meeting at 10:05 a.m. with the Serenity Prayer.

**Read the GSR Preamble** – Read by Susan R

**Read the Declaration of Unity** – Read by Carole S

### Introduction of New GSRs or Visitors:

- Dede L (GSR) and John L. from Jackson Fellowship

### Celebrations or Announcements:

- Cece 31 years
- Jim B. 16

### Readings for the Month – Cece read Tradition 8.

Defined what professionalism means. Usual 12 step work should not be paid for. But individuals could be paid to manage facilities. For example, GSO hires secretaries as needed. Grace read Concept 8 – Trustees act as principal planners and administrators, also provide custodial oversight. The principle of the concept is consistency. They oversee AA Grapevine and world services, but do not manage. It was commented that the trustee candidates are very well qualified.

Volunteers for next month → Concept 9 = Carole, Tradition 9 = Dorothy

**Consideration of Minutes** – July 9, 2022 Minutes – Motion: Susan R 1<sup>st</sup> – Harry T 2<sup>nd</sup>, Motion carried.

### Old Business:

- **Web Site Alternate Chair** – Jim described the process needed to maintain the web site. This position would be required to maintain the existing website and be a back up to the primary chair. Also discussed spirit of rotation. Mike C and Greg A volunteered for this position. After voting, Mike C. was elected as alternate chair. Greg A will also provide backup.

- **Meeting Schedules** – Did another small print run with corrected spelling. It was suggested that groups post one flyer on the wall or secretary binder so that people can scan the QR code. Grace will create a PDF with 3 copies of the card on a single sheet and send this to Jim. Jim will post this in the GSR page. There is budget to do 4 more printings for FY 22. Greg motioned to reimburse Grace for printing error (\$75). Seconded by Susan. Motion passed. Tabled the printing schedule topic and will check on demand.

### New Business:

- **Delta Intergroup Liaison** – Asked GSRs to request for volunteers for the Delta Helpline. Greg N will coordinate volunteer activity. We would be added to the regular shift schedule for the intergroup. They maintain two lists – meeting information list and 12<sup>th</sup> Step call list.
- **D30 Guidelines** – Since we have assigned the Delta Intergroup liaison to the Alternate DCM, this will require a change to the document. Revising the guidelines will be added to new business for August meeting.

### Trusted Servants and Committee Reports:

**DCM: Titia A Panel 72:** It has been a bit of a quiet month around the District. I did attend the July ACM at their new location of 1160 Westacre Road in West Sacramento. The Area has also been a bit quiet, but the Delegate and Chairs are gearing up for the Pacific Region Forum September 16-18, 2022. After talking with a few members of AA, I have decided to attend this year as well. I have never been to a Forum but I have been told it is a weekend full of information on service and that the attendees have an opportunity to meet one on one with Trustees and staff from New York. I have made myself available to be of service on Saturday morning and have been assured that the Volunteer Committee will find something for me to do.

**ALT DCM:** Greg N – Will go to Delta Intergroup on 8/17 and start visiting once per month.

**LCM North Amador Hwy 49:** – Andrew – River pines is doing pretty good they still need a gsr meetings vary from 5 to 12. Have potluck 2nd Monday. Frieta I believe is the secretary for both meetings. Danny is doing great as Plymouth GSR. Doing fairly well financially. They are

trying to get a women's meeting going Wednesday night river pines.

**LCM Upper Amador Hwy 88: Cecilia S** – No report

**LCM San Andreas – West Point: Susan R** – No report.

**LCM Valley Springs/Ione/Comanche: Dorothy S** – No report

**Recording Secretary/Publications: Mike C** – Will send out the D30 Guidelines with the next minutes

**Treasurer: Randy S** – Closed out Volcano Answering Service, ATT Local and Long Distance services as we transferred to Delta Intergroup for hotline service. Some residual charges plus credits in July and in future months. Handed out insurance certificates for various groups that opted in to the district policy.

						July	2022
						(1 July - 31 July 2022))	
<u>Group Contributions:</u>							
Angels Camp 49's						\$	500.00
Arnold Mountain High Meeting						\$	110.00
Jackson Fellowship						\$	60.00
Railroad Flats						\$	50.00
West Point						\$	50.00
				sub total		\$	770.00
7Th Tradition District Meeting						\$	58.00
					Total Inflow	\$	828.00
<u>Expenses:</u>							
DCM-Mileage Area Committee Meetings						\$	65.12
Zoom Meeting Expense						\$	45.00
District 30 Storage						\$	80.00
Hotline-Delta Intergroup						\$	50.00
Telephone-residual charges						\$	90.53
Meeting Directory						\$	110.42
Website						\$	21.17
PI-CPC literature						\$	30.00
Treasurer-postage stamps						\$	80.00
District Meeting supplies and refreshments						\$	13.00
					Total Outflow	\$	585.24
					As of :		7/31/2022
Checking Account Balance						\$	8,732.85
Savings Account Balance (Prudent Reserve)						\$	3,007.77
					Total	\$	11,740.62

**Motion to approve Treasurer's Report: Motion, Greg N 1<sup>st</sup> / Harry T 2<sup>nd</sup> . Motion carried unanimously.**

**Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S** – No update.

**Directory/Website Chair: Jim B / Carole S** – Elected back up web masters. Discussed the new format of the meeting list on the test.cnia30.org site. Need to decide whether to replace the meeting-information display on our current site with the one shown on our "test" site" (dictated by the "12-Step Meeting List" plugin). I think all the meeting information in both locations is currently up to date, but, as always, please continue to keep me informed of any changes in meeting status. Issue tabled to September for voting to go live with the

new format. The information provided to the Delta Intergroup Web site (for the hotline), and the New York office (for the "Meeting Guide" app), should be enough for them to be showing accurate information for our meetings now, although there may still be some questions about what the New York office is showing.

**Archives Chair: Susan R:** We finally got our safety deposit boxes. Randy & I opened them last week. Reason it took so long is the bank told us that the legal department had to check on some things. We opened 2 with the option of the third later if needed. I will put our sensitive items in them and make a list of what is in each box for our records. Our committee will begin to put a power point together from pictures Del had taken. We will work to have this on display on our District 30 website. I want to give a shout out to Dennis, Laurie and Teri for all their efforts.

**Unity Day: Mike C** – Unity Day 2023 planning is on hiatus until September. We are looking for new volunteers for this event. Here is the financial report from the June event:

UNITY DAY 2022			
CATEGORY	BUDGET	SPENT	
Unity Day	\$300.00	\$746.26	(\$446.26)
<u>Detail:</u>			
Kitchen Fee		\$100.00	
Cook Mileage		\$88.00	
YPAA Speaker Mileage		\$37.84	
Dinner supplies		\$417.80	
Snack Bar supplies		\$102.62	
Total Expenses		\$746.26	
<u>UNITY DAY Receipts:</u>			
Unity Day 7th Tradition	\$0	\$178.35	
Snack Bar receipts		\$48.50	
		\$226.85	
Net Unity Day Cost			(\$519.41)
<hr/>			
Archivist History Day	\$1,120.00	\$ 605.21	\$514.79

<u>Detail:</u>		
Archivist Mileage		\$ 85.80
Unity Day Shortfall applied		\$ 519.41
Total		\$ 605.21

**Grapevine Chair: Paul C** – Read the daily quote from the Grapevine. Grapevine is chugging along, please check out the daily quote for email is a great tool for daily motivation.

**Bridging the Gap Chair: Arrah M** –

**PI/PCP: Harry T** – We will be participating in the first Annual Health Fair with Dignity Health Mark Twain Medical Center. This event takes place on Saturday, September 17th, from 7:00AM--12:00 Noon. Mike T our committee member will be attending the event for us. This is the first Health Fair they have been able to hold

since COVID and they are pulling out all the stops. I will discuss the details at our meeting. I have reached out to Lynn at AA Delta InterGroup to see if they would like to participate. I will also see if Arrah with BTG would like to join us. Also those at District who would like to volunteer.

**H&I Liaison Amador County:**

**H&I Liaison Calaveras County: Open**

**YPAA – Young People in AA - Open**

**Responsibility Declaration:** “I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible.” was recited by the Group. Meeting adjourned 11:45

**Next Meeting: September 10, 2022 at 10:00 a.m.**  
**Hybrid on Zoom and St. Mathew’s Church**

**GSR Reports via Email:**

- **11<sup>th</sup> Step Meditation Meeting Murphy’s – Suzy B – Absent**
- **49er Group – Paul C – Friday night – 7:00 p.m.**  
The Oldest meeting in Calaveras County has a stable attendance of 34 plus each week. The meeting has also attracted travelers from out of town. We added a cigarette butt patrol, as we had complaints. Meeting is chirping along great.
- **Copper Group -- Diana F – Meeting continues as zoom and room.** Treasurer report will be given at business meeting the 17th and the group will consider distributions as that time. Been a few more in the room lately, about the same on zoom. Group has new meeting schedules and information given as to how they work. District minutes and Area minutes provided but still little interest.
- **Easy Does It Group, San Andreas – Dylan – Meeting is going smooth, our new secretary Shayna is doing a great job.** Attendance is anywhere between 6 to 12 people. Nice mix of “long timers” and newcomers. Financially the group is doing well. The new meeting guide/ phone list is a hit and at this time the group has no questions or comments.
- **Friday Night Men’s Group, Sutter Creek – Brian G – Attendance 4-7 men.** Last Friday of the month birthday night with a cake and a speaker. Bank balance \$498.07. Cash on hand 176.35. Total \$684.42
- **I’m With You Guys (White Pines Independence Hall) – Randy S - Meeting will resume meetings in person at Independence Hall in White Pines starting 30 August (last Tuesday).** Topic discussion meeting from 7:30 P. M. to 8:30 P.M. Kudos to Jeremy for stepping up to be Secretary and to Mike M. for his strong continued support during the Zoom period and work to getting the meeting back live.
- **lone Group – Dorothy – No report.**
- **Jackson – OPEN –**
- **Men’s Freedom From Alcohol Group – Greg A – Strong meeting with 15-20 in regular attendance.** Newcomers are warmly welcomed, sponsors are available. Our secretary, Mike, says we have the best darned coffee around!
- **Mokelumne Hill - Mike C – 2-4 people, need support.**
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** The coffee is strong but the Fellowship is stronger Wednesday nights in Mountain Ranch! Come join us for our monthly Birthday meetings where a Speaker shares an inspiring message of continued strength and hope delivered with raw, heartfelt honesty. Anyone crossing the threshold is welcome to this open meeting where an abundance of love is guaranteed to lift any heart. Trudging has never felt so purposeful!
- **Murphys Brown Baggers – Teri C. – Meeting doing well.** Attendance varies but we have a new secretary and set up people and they are settling in well.
- **Murphy’s Monday Night Meeting – Grace – No report**
- **Murphy’s Tuesday Night Book Study – Susan - Our meeting is going well.** We have 6 to 10 women in attendance.

- **Pine Grove Fellowship – Brian S** – The PGF is now running seven meetings a week, Tuesday through Sunday. We have added a Men’s meeting on Tuesday at 7:00pm. The format of the meetings vary from topic discussion, speaker and studies of the Big Book and 12 & 12. The last Sunday of the month is a birthday meeting, with a countdown of sobriety followed by a speaker and birthday cake. PGF meeting attendance varies from 10 to 30 members. Our business meeting is currently being attended by approximately 10 members, all of which are voting members. Improvements and repairs of the fellowship hall have been proceeding as planned. Our Prudent reserve is good and intact and PGF has been able to meet it’s commitment of distributions to Area, District and New York. The Pine Grove Fellowship continues its commitment to strong Sponsorship, honoring of the Traditions and good Fellowship in the rooms of Alcoholics Anonymous.
- **Prospectors Group – Cecilia S.** – No report.
- **Railroad Flat - Speaker/Discussion Meeting,** - No report
- **River Pines – Janet G** – No report
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – The Sierra Foothills Fellowship is thriving! We are a topic Discussion Meeting following a short Chair by a guest speaker. The coffee is good, the fellowship is warm and the recovery is great. We celebrate Milestone Birthdays on the last Monday of each month at 7 pm as we meet every Monday at 7 pm. We would love to see you there!
- **There is a Solution Group, Murphy’s – Saturday 10:00 am. Carole S** – Our group meets Saturday morning at 10:00am in Murphys at the Lion’s Club Hut. Attendance has been growing and we generally 25-30 people enjoying our morning coffee together. This is a “Bring your own topic” meeting, meaning that a basket is passed around in which you write down a topic you would like to hear about and place it in the basket. After that, the basket goes around again, and you

pull out a topic for you to share on. It is amazing how often the topics seem to end up surrounding a specific theme each week, as if our higher powers had a message for each and every one of us!

- **Turning Point Recovery Facility Meeting – Michael M** – No report
- **Valley Springs – Jeff:** Group is doing well. Now have a new Treasurer in place. Have create prudent reserve and will be releasing distributions to District and GSO.
- **Valley Springs, Coffee Break Meeting, Wednesday am Group** – Mike C – Meeting is doing well with attendance about 6-8.
- **Villella Hall Topic Discussion Group – Harry** – We meet in the Chapel of the Pines in Arnold, CA at Hwy 4. Our attendance continues to grow, up to 32 attendees including members from Turning Point, our local SLE participated. The Secretaries are Nicole C., and Missy who share rotating duties. Al V. is our Treasurer and we have a new Coffee Maker Joe who has just come back into the AA program. We encourage anyone to join us when you are in the area plenty of refreshments and good AA fellowship.
- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp** – Chryst M: No report

**Yours in Service, Mike C., Recording Secretary 209-969-1518**

### **District 30 Business Meetings**

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

### **District 30 Trusted Servants**

#### **District Committee Member**

Titia Ashby ..... [sv6504tg@gmail.com](mailto:sv6504tg@gmail.com)

#### **Alternate DCM**

Greg N ..... [gregniskanen@gmail.com](mailto:gregniskanen@gmail.com)

#### **Treasurer**

Randy Seale ..... [Jrsealejr@gmail.com](mailto:Jrsealejr@gmail.com)

#### **Recording Secretary/Publications**

Mike Canniff ..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

#### **PI/CPC Chair**

Harry T ..... [harrytittle83@gmail.com](mailto:harrytittle83@gmail.com)

#### **Bridging the Gap Chair**

Arrah M ..... [arrahatjomas@gmail.com](mailto:arrahatjomas@gmail.com)

#### **Hotline Chair**

OPEN

#### **Website Chair**

Jim Bearden..... [jbearden@ieee.org](mailto:jbearden@ieee.org)

#### **Directory**

Carole S ..... [carole336633@gmail.com](mailto:carole336633@gmail.com)

#### **Grapevine Chair**

Paul C ..... [bhipaul@gmail.com](mailto:bhipaul@gmail.com)

#### **Archivist Chair**

Susan Rudolph ..... [Suerudolph3@gmail.com](mailto:Suerudolph3@gmail.com)

#### **Unity Day Chair**

Mike Canniff ..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

### **Addresses for Group Contributions**

#### **District 30 ([cnia30.org](http://cnia30.org))**

P O Box 43 - Murphys, CA 95247

#### **California Northern Interior Area ([cnia.org](http://cnia.org))**

PO Box 161712

Sacramento, CA 95816

#### **General Service Office ([aa.org](http://aa.org)),**

212-870-3400

PO Box 459

New York, NY 10163

#### **Central California Fellowship of Alcoholics**

**Anonymous, [aasacramento.org](http://aasacramento.org)**

916-454-1100

9960 Business Park Dr., #110

Sacramento, CA 95827

#### **Delta Central Office ([www.aadelta.org](http://www.aadelta.org))**

1525 N. Eldorado St., Suite #3

Stockton, CA 95204

#### **Oficina Latina Central**

600 4th Street

West Sacramento, CA 95691

(916) 372-0343

#### **Oficina Intergrup al Valle Central**

3744 Atchison Street Ste E

Riverbank, CA 95367

(209) 869-1693

#### **Northern California H&I Committee**

PO Box 192490

San Francisco, CA 94119-249