

CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 29 Issue 5

PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS

May 2022

Mark Your Calendar

District 30 Business Meeting: Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

NOTE – D30 will meet April 2, due to preconference assembly. We will meet in person!

Regular Speaker Meetings

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person. Normally, meets every 3rd Wednesday of the month at 2 pm.

District 30 Archives Committee: Every 1st Wednesday meeting via Zoom - 2 to 4 PM.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday meets by Zoom. Normally meets at East Yolo Fellowship, 1040 Soule St, West Sacramento, CA.

Special Events

Pre Conference Assembly – April 9-10, 2022, Gold Country Fairgrounds & Event Center 1273 High Street, Auburn, CA 95603 – Sierra Building

40th **Annual Womans Conference** in Rancho Cordova is April 9-10

Unity and Archives Day – June 11, 2022. 12:30-7:00 *Theme: Future of Recovery,* American Legion Hall in Martell

- 10:00-11:30 District 30 Meeting.
- 12:30-1:00 Group History Story of District 30 + group histories.
- 1:15-2:00 Area 07 Archives Jeff P.
- 2:15:3:00 YPAA Ada R. (from Sacramento)
- 3:15-4:00 Alanon TBD.
- 4:30-5:30 Dinner
- 5:15-5:30 Sobriety Countdown.
- 5:30-6:00 Skit
- 6:00-7:00 Main Speaker Mike H (Orange Cty)
- 7:00 Raffle

CNIA District 30 Business Meeting

Covid19 Information for Amador/Calaveras Meetings: For meeting information within District 30, go to cnia30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

<u>Draft Minutes:</u> – Titia A -- opened meeting at 10:01 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Grace
Read the Declaration of Unity – Read by Diana F
Introduction of New GSRs or Visitors here for the first time:

- Carole Murphy's There is a Solution
- Greg N Sierra Foothills
- Suzy B 11th Step Thursday Morning Meditation Meeting Zoom.

<u>Celebrations or Announcements</u>: Greg = 17 years, Randy = 40. 40th Womans conference in Rancho Cordova is April 9-10.

Readings for the Month – Dylan read Tradition 4 and commented on variety of different meetings in our area. Also reviewed what shouldn't be changed. Diana F. read Concept 4. Discussed right of participation of members and equality of members. This also reflects the upside down triangle of representation. Susan R read Warranty 4 – commented on the process of bringing up group decisions to higher levels within AA.

Volunteers for March → Concept 5 = Carole F,
Tradition 5 = Dorothy, Warranty 5 = Susan R

Consideration of Minutes — March 12, 2022 Minutes —
Motion: Susan R S 1st— Harry T. 2nd, Motion carried

Old Business:

 Meeting Schedule Print Run – Carole S. talked with members in the area and a lot of people are good with the D30 web site schedules and printing these off. Many GSRs have commented on printing these out and distributing these, but would like more printed. Grace to talk with Carole about switching printing services to get a new quote. We discussed alternative format where we don't print out the meetings, but use

- a QR code with a direct link to the website. The back side of the document would be space for phone numbers.
- Delta Intergroup PI/CPC Communication –
 Recommended that this committee meet with
 Delta Intergroup. Harry to connect with Lynn @
 Delta on a variety of issues.
- Gold Country Round Up Inventory It was noted that this is technically not a D30 topic. Mike presented overview of items still located in the Jackson Fellowship basement. Motion by Greg N "District 30 will select items of interest for Unity Day and Archivists by April 23". Randy S. seconded. Motion passed.

New Business:

- Finance Committee 2023 Budget Requested that all D30 committees review budget line items by May 15. This will be sent to GSRs to generate ideas to reduce budget. The goal is to come up with a new budget by July meeting. Dorothy will resend out the current budget to everyone.
- Area Motion Finance Committee Proposal This motion will be voted on at the preconference assembly. The requested change allows the finance committee to dip into excess funds that are in excess of the prudent reserve for unanticipated expenses. It was commented that we should move slowly when dealing with changes to financial protocols. Another comment was that we should trust our trusted servants to make the decisions for their recommended decision. D30 approved Titia to vote for approval of the Area motion at the preassembly. Motion passed with one abstention.
- **Pre-conference Assembly** April 9-10. Most of the D30 GSRs will be there. Titia requested that any group consciences can be sent to her or directly to the area delegate (Jen)
- Hotline We discussed the importance of keeping the hotline funded so that the newcomer can reach out to us and find AA. D30 maintains a 1-800 number which then connects to the local Jackson number which then goes to Volcano answering service for the hotline requests. For 2022 to date, D30 had 2 calls to the 1-800 for \$130. We had 56 calls to the local Jackson

number = \$380. 40 calls were directed to Volcano. Only one of these calls was for new person requesting help. Most of the calls were for meeting time and location information. One member suggested alternative alternatives to AT&T such as Impact. Another alternative is to have a cell phone which is passed around to the hotline members. It was suggested that we partner with Delta Intergroup hotline service (usually hotline is a Intergroup provided service). Harry to follow up.

• May 14 D30 Meeting – Steve H will be chairing the meeting. This will be hybrid

Trusted Servants and Committee Reports:

DCM: Titia A Panel 72: I attended the on-line Area Committee Meeting (ACM) on March 19th, 2022. The ACM's are still being hosted on-line and will continue until June. The next 2 monthly Area 07 meetings will be Assemblies. The first will be the Pre-Conference Assembly April 9th & 10th in Auburn CA at the Gold Country Fair Grounds. Then on May 21st & 22nd we will meet for the Post Conference Assembly at the El Dorado County Fairgrounds in Placerville for the Delegates report from New York. Once we are back to regular Area Committee Meetings in June, the group will decide on a venue for the ACM's. Will we be live? Will we stay on-line? We will just have to wait and see.

Several items of discussion from the March ACM:

- Suggestion from the floor that printing costs are escalating. Consider looking at the online ordering available from Staples or Office Max.
- There will be a change in shipping costs from GSO for literature. For an order of \$25 or less, the shipping cost will be \$5; for an order of \$25 to \$50 the shipping cost will be \$10; For orders over \$50 the shipping will be based on a percentage of the total order. Orders can mix and match literature.
- The Pacific Region of AA Forum will be held in-person September 16 – 18, 2022 in Salt Lake City Utah
- There will be a Special North/South Virtual Forum for the US/Canada/Chili, Date TBD

I will attend the Pre-Conference Assembly next weekend along with a few others from our District. It will

be nice to see everyone again. If you are there, please join me at the District 30 table, we will have snacks.

ALT DCM: Steve H – No report.

LCM North Amador Hwy 49: — Andrew — Absent LCM Upper Amador Hwy 88: Cecilia S — I visited two meetings that do not have GSRs. The Step Sisters meeting in Pioneer and the Jackson Fellowship. The Step Sisters are not interested in participating in General Service. I did mention some of Agenda Topics, which they were interested in but not enough to have a GSR. Jackson Fellowship has not found a replacement for their GSR. I had a special meeting to present Agenda Topics. Had small participation but did receive input from the members who attended. I will share their input to the Pre-Conference Assembly via our DCM, Titia A.

LCM San Andreas – West Point: Susan R – No Report LCM Valley Springs/Ione/Comanche: Dorothy S – No update

Recording Secretary/Publications: **Mike C** – Set up D30 Zoom account. Got everything setup for hybrid meetings.

Treasurer: Randy S -

	M	arch 2022	
	(1 March-31 M	rch-31 March2022))	
Group Contributions:			
Arnold Mt. High		\$ 58.00	
Amold Thursday Night White Pines Topic Discussion		5 480.00	
Jackson Fellowship		\$ 60.00	
Mt. Ranch Fellowship		\$ 325.00	
Pioneer Step Sisters Group		\$ 144.00	
	Total Inflow	Total Inflow \$ 1,067.00	
Expenses:		-	
030 Storage		5 190.00	
Hotline Telephone-local		\$ 129.75	
Volcano Answering Service		\$ 70.00	
	Total Outflow	\$ 389.75	
	As of :	3/31/202	
Checking Account Balance		\$ 6,255.08	
Savings Account Balance (Prudent Reserve)		\$ 3,007.47	
	Total	\$ 9,262.55	
Treasuer's Commentary:			
Was successful in reconciling Quicken, checkbook re-	gister and El Dorado Savi	ings statement	
balances during the month. All applicable accounts re	equiring updates to cont	act information,	
user id's and passwords were updated. One new req	uest for an insurance rid	er received	
from Sierra Foothills Women's Conference. We have	supported them in the	past	
and they have contributed 7th Tradition funds, after	naving expenses		

Motion to approve Treasurer's Report: Motion, Susan 1st / Steve 2nd. Motion carried.

Finance Committee: Dorothy S (Chair), Greg N, Diana F, Randy S — See old business.

PI/PCP: Harry T – We have received our mailers from GSO in New York. We have made our first distribution on the Card Stock Meeting Guides to the Jackson Fellowship. We continue to seek volunteers in both Calaveras and Amador County. I plan to hand out more meeting guides at the District meeting today to the LCM's attending in person. I talked with both the Area 7 counterpart and will be talking with the alternate PI/CPC delegate next month for suggestions on recruiting and contacting the probation departments. I will be meeting with the Govt Center in San Andreas on April 6th. to find out the procedures for working with them.

Hotline - Open -

Bridging the Gap Chair: Arrah M – Created patient brochure packets. Did presentation at Turning Point for 8 patients. No connection requests received yet. In the process of creating a volunteer sign up sheet and volunteer packets for recruitment

Directory/Website Chair: Jim B / Carole S – No update. Archives Chair: Susan R: The committee discussed our archives display for Unity Day. I went with Titia to the archives. She was able to look in our storage locker and used her key and passcode successfully. We will be meeting at the archives April 8th. The finance committee has asked me to do some research on lower cost options for storage of our archives. There will be discussion on returning some of the collections we have.

Unity Day: Mike C – Theme is "Future of Recovery". Date is June 11, 2022 from 12:30-7:00. Location is American Legion Hall, Martell. Question was asked about budget. Will provide this for next meeting Grapevine Chair: Paul C – Announced that there is a new podcast sponsored by the Grapevine.

H&I Liaison Amador County: - Open -H&I Liaison Calaveras County: Open YPAA - Young People in AA - Open

Responsibility Declaration: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible." was recited by the Group. Meeting adjourned 12:03

Next Meeting: May 14, 2022 at 10:00 a.m. Hybrid

GSR Reports via Email:

11th Step Meditation Meeting Murphy's –
 Brian M – Absent

- 49er Group Paul C Friday night 7:00 p.m.
 I must say I always advertise this meeting as the hottest and oldest meeting in Calaveras County, and once again the crew running this meeting has done an exceptional Job. 27 people were in attendance last night with a chair from Valley Springs that was over the top!!.
- Copper Group -- Diana F Acquainted the home group members with the upcoming conference and the need for their input. 2/23, 3/3, 3/14 and 3/14 sent e-mails listing topics and workshops they could attend. Talked to some at the meeting. After limited input called them all and invited them to meet me at Mi Pueblo for dinner and topic discussion. 4 members came and we had good discussion. I forwarded results re the topics we covered to Titia as I cannot attend the pre-conference..
- Easy Does It Group, San Andreas Dylan –
 Group has had an increase in meeting
 participation averaging 10 to 12 people per
 meeting. Newcomers are showing up every
 week from the sober living facility Gold Country
 Haven. Rent is up to date and have nominated
 a new treasurer.
- Friday Night Men's Group Brian G Absent
- **Ione Group** Dorothy We had 14 people attend the meeting. Only 7 were voting members. We were happy to see 2 people that were members prior to Covid-19 in attendance. Hopefully they will continue to attend. They did not attend the business meeting and did not vote. We will be replacing our Secretary after April Treasurer's report was given. Our Prudent reserve (4 month expenses) is still intact. Unfortunately, there is little extra to consider disbursing to District, CNIA, and New York at this time. If our attendance continues to increase, possibly next quarter we will be able to submit these payments. I did submit a expense request for registration fees and meals which will be refunded next week.
- Jackson OPEN –
- Men's Freedom From Alcohol Group Greg A –
 We meet IRL (in real life), and have strong

- fellowship. We are currently reviewing the Conference Agenda Topics.
- Mokulumne Hill Mike C 2-4 people, need support.
- Mountain Ranch, Friends in Sobriety,
 Mountain Ranch Amanda The Friends in
 Sobriety group continues to grow and celebrate
 Sobriety Birthdays on the last Wednesday of
 each month. "We are not a glum lot!" A recent
 business meeting was held to discuss potential
 upcoming changes to literature, which was well
 attended and enthusiastic votes by Home
 Group members cast. Service positions have
 recently rotated and we have been blessed
 with yet more people stepping into positions to
 set examples through humble service.
 Fellowship is raw, real and solution-based!
- Murphys Tuesday Night Book Study Patty Z –
 (Susan reported) We have taken a group
 conscious regarding insurance. Our vote is yes
 in favor to have insurance if we need it. And
 We thank the district for being responsible.
 Currently our group is studying the 12
 Traditions.
- Murphys Brown Baggers Teri C. Our group is functioning at full capacity again and attendance is good. We have very few people who consider this their home group so votes are very small. I am circulating the questions for the 2023 assembly and will report when they have been seen by all and commented on.
- Murphy's Monday Night Meeting Grace Our group is growing steadily. I circulated the
 upcoming agenda items list for our home group
 members to consider. Tabulating results for a
 short business meeting on 3/14.
- Murphy's Tuesday Night Book Study Susan We have 8 to 12 Women in attendance. Our
 group have gone over the pre conference topic
 items and have given feedback for our GSR to
 bring to the conference.
- Pine Grove Fellowship Brian S Our group is doing well we average 8 to 20 people per meeting. Thanks to our new secretaries - Ken Brian Josh Genessa we are doing well financially.

- Prospectors Group Cecilia S. Our group is still doing well. We had 2 Agenda topic meetings. I am looking forward to the Pre-Conference assembly this month to take my groups input.
- Railroad Flat Speaker/Discussion Meeting, -No report
- River Pines Janet G We have some newcomers. Potluck and speaker is always the 2nd Monday each month. Our new Secretary Freda is doing a great job! We are solvent and have a solid core group. There are usually 8 to 12 members each meeting, sometimes more.
- Sierra Foothills Fellowship, Monday at 7:00
 p.m. Greg N The coffee is hot. The fellowship is warm. We celebrate birthdays on the last Monday of each month.
- Sutter Creek Friday Night Men's Group Brian
 G Absent
- There is a Solution Group, Murphy's –
 Saturday 10:00 am. Carole S Meets every
 Saturday morning at 10:00am in Murphys at
 the Lion's Club Hut. . Our group held a quick
 business meeting to discuss proposed agenda
 topics, and selected three to take a group
 conscience on. I will be attending the Pre Conference Assembly in April to carry our
 group's message to our Delegate to New York.
- Turning Point Recovery Facility Meeting Michael M – No report
- Valley Springs Tom and Jeff: Absent
- Valley Springs, Coffee Break Meeting,
 Wednesday am Group Mike C No report.
- Villella Hall Topic Discussion Group Harry –
 Our group has continued to grow. We have
 started to exceed 20 attendees weekly reaching
 our pre COVID numbers. The dual Secretary
 roles are working nicely, each week we have
 been able to rotate male and female speakers.
 The meeting room is set up with coffee,
 cookies, chairs, well organized by our set-up
 personnel, very professional. To my knowledge
 the treasurer is making our 7th tradition
 contribution regularly and the rent is paid
 timely.

- White Pines, I'm With You Guys Group Randy S – Meeting Currently being held via Zoom. Liz M. is the Secretary for the meeting and continues to invite excellent chairpersons. Jason R. is the Treasurer for the meeting so all needed positions for the meeting are currently full. We recently held a business meeting to discuss continuing on Zoom or returning to live meetings. The Treasury has sufficient funds to pay several months rent and restock supplies for the meeting. It was decided by vote to continue Zoom for an additional month. This will allow contact with Independence Hall in White Pines to see if the Tuesday night spot is available. Liz, whose term is up, agreed to continue as Secretary for another month on Zoom. Liz will also check with Turning Point to ascertain their view on live versus Zoom attendance. By the 1st of May, a decision will be taken on going live or continuing on Zoom and a new Secretary will be elected.
- Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys M: Absent

Yours in Service, Mike C., Recording Secretary 209-969-1518

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested AAs* are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

Addresses for Group Contributions

District 30 (cnia30.org)

P O Box 43 - Murphys, CA 95247

California Northern Interior Area (cnia.org)

PO Box 161712

Sacramento, CA 95816

General Service Office (aa.org),

212-870-3400 PO Box 459

New York, NY 10163

Central California Fellowship of Alcoholics Anonymous, <u>aasacramento.org</u>

916-454-1100

9960 Business Park Dr., #110 Sacramento, CA 95827

Delta Central Office (www.aadelta.org)

1525 N. Eldorado St., Suite #3 Stockton, CA 95204

Oficina Latina Central

600 4th Street West Sacramento, CA 95691 (916) 372-0343

Oficina Intergrupal del Valle Central

3744 Atchison Street Ste E Riverbank, CA 95367 (209) 869-1693

Northern California H&I Committee

PO Box 192490 San Francisco, CA 94119-249