



# CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 30 Issue 8 **PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS** August 2023

## Mark Your Calendar

**District 30 Business Meeting:** Normal business meetings are held at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am.

ZOOM ID: 908 356 8186 PW: D30

### Regular Speaker Meetings

**Arnold Mountain High Speaker Meeting:** First Saturday, 4 pm, Villela Hall, Arnold.

**Valley Springs Fellowship Potluck Speaker Meeting:** Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

**Amador County Speaker Meeting** – 3<sup>rd</sup> Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

**H&I Committee Meeting, Amador:** Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

**PI/CPC Committee Meeting:** Not currently meeting in person. Normally, meets every 3<sup>rd</sup> Wednesday of the month at 2 pm.

**District 30 Archives Committee:** Every 1<sup>st</sup> Wednesday meeting via Zoom - 2 to 4 PM.

### California Northern Interior Area

**Area Committee Meeting:** Monthly 3<sup>rd</sup> Saturday meets by Zoom. First United Methodist Church 2100 J St, Sacramento, CA 95816. Entrance will be on the 21st side.

### Special Events

- Jackson Fellowship Day in the Park Potluck – July 23 @ noon. Detert Park, Jackson CA.
- Valley Springs Pool Day – August 5 @ 12-6:00 with meeting at 2:00. 6942 Lawson Rd, Paloma.
- Sponsorship Workshop – September 9 @ 2:00. Jackson Fellowship

### Historical Factoids for the Month

**1879** - August 8, Robert Holbrook Smith (Dr Bob) was born in St Johnsbury, VT

**1919** - August, Lois often arranged month-long or more walking trips thru ME, NH and VT partly to give them time to think and partly to get Bill away from drinking

**1935** - August 26, Bill W returned to NY City. He sought out alcoholics at the Calvary Mission and Towns Hospital. Meetings were held at 182 Clinton St on Tuesday nights.

**1938** - August 5, the "Alcoholic Foundation" was established as a charitable trust with a board of five Trustees. The terms "Class A" and "Class B" Trustees were used to distinguish between non-alcoholic and alcoholic board members.

**1939** - August, Dr Bob and Sister Ignatia (in charge of admissions) started working together at Akron's St Thomas Hospital. It was the first religious institution to open its doors to AA and later had a full wing dedicated to alcoholism treatment

**1941** - August, Clarence S, founder of AA in Cleveland, joined with Abby G and other Cleveland members to help start AA's first Central Office.

**1948** - The August Grapevine announced that, based on a subscriber survey, the September issue would be in a new pocketsize 5 ½ x 7 ½ inch format of 32 pages.

## CNIA District 30 Business Meeting

For meeting information within District 30, go to [cnia30.org](http://cnia30.org) for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group [jbearden@ieee.org](mailto:jbearden@ieee.org). If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (209) 464-1594.

### July Draft Minutes:

**Open with the Serenity Prayer** – Titia opened meeting at 10:02 a.m. with the Serenity Prayer.

**Read the GSR Preamble** – Read by Greg N

**Read the Declaration of Unity** – Read by Susan R

### **Introduction of New GSRs or Visitors:**

- Joy – Zoom Step 11 Meditation meeting

### **Celebrations or Announcements:**

- Dylan C – 4 years
- Carole – 19 years
- Jackson Fellowship - Picnic Detert Park July 23

### **Readings for the Month –**

- The Delegate through “Duties & Responsibilities pg. 32 & 33: Sunni. The Delegate has many responsibilities. The main job is to receive information from GSO and distribute to the groups and districts.
- Qualifications & Term of Office pg. 33 & 34: Susan R. Suggested foundation of Area participation of several years. 5-6 years of continuous sobriety. Ability to chair meeting at District or Area level. Ability to manage multiple points of view.
- Leadership in AA: Ever Vital Need pg. 37: Carole – Lead by example, not mandate. The goal is to put principles and policies into action. A good leader has to practice getting out of self and embrace other opinions and cheerfully compromise. Attributes include tolerance and vision.

Volunteers for next meeting –

The Annual General Service Conference  
& What Goes on at the Conference pg.  
39: Harry T

Conference Membership & How the  
Conference Operates pg. 40 & 41:  
Susan R  
Process & Procedures pg. 41 & Sources  
of Agenda Item Ppg 42: Sunni

### **Consideration of Minutes** – June 10, 2023

Motion to Approve: Susan R 1<sup>st</sup> – Randy 2<sup>nd</sup>,  
Motion carried.

### **Old Business:**

- Sponsorship Workshop September 9th @ 2:00 – LB/Greg N – Moving forward with planning. This would be the first workshop for FY 24. There is budget for the event. So the committee should send a planned expense amount to Randy.
- Finance Committee - Report out from 2022-23 actual spending. Bottom line is that we have a \$9500 surplus over budget. Randy also covered the next year FY 24 budget. Prudent reserve has increased to \$5500. The committee has stated that the checking account should hold a minimum of \$2200 to cover operating expenses.

### **New Business:**

- Request for possible use of excess funds - Carole
  - Carole requested that the District use some of the excess funds to purchase subscriptions of the Grape Vine for the jails and prison. The discussion came back to H&I and that in the past H&I provided Grape Vines, so the request will be made by each counties H&I Liaison. Discussion with GSR's as to how we will move forward with plans for use of excess funds. It was decided that the GSR's would bring any and all ideas, with cost analysis of said idea to D-30 by the September 9th meeting. The Finance Committee will then come up with a list of ideas for the GSR's to vote on.
- September 15, 2023 is the deadline for submission of Agenda Topics for the 2024 GSC - The GSR for Sierra Foothill Fellowship will bring

a letter to the district when / if his group approves said letter. We will go from there.

- Possible Agenda Topic: CANCEL plans for the Plain & Simple Language Translation of the
- Big Book of AA – Greg N.
- New Area 07 function on [cnia.org/cnial-area-07/districts/group-number-lookup](http://cnia.org/cnial-area-07/districts/group-number-lookup); also available: fillable CNIA Group Change Form that can be emailed directly to the Registrar.
- Possible survey from Area 07 – Why are GSR's not participating in Assemblies? When the survey comes out from Area, Titia will forward to the GSR's.

### Trusted Servants and Committee Reports:

**DCM: Titia A Panel 72:** Attended the ACM on June 17 via Zoom. Zoom is a nice alternative but it is very hard to sit in your house on a sunny day on a Zoom. If you attend in person ACM's at least you can get up and walk around the room. ACM discussed the possibility of our monthly room rent going up. However E-Services noted that currently we are allowed to use the Wifi at the location and if we need to purchase Wifi for the ACM's it will be slightly more than the increase in rent. Also The Area Archivist is requesting an additional day to go to Stockton to work on the Archives. This would be so the Archivist and the Alternate Archivist can continue their planned work prior to the end of this panel.

**ALT DCM:** Greg N. – Coordinating the Sponsorship workshop for Sept. Notified Delta Intergroup of the workshop. Received the latest newsletter from Delta. Delta Intergroup wants to know if they are invited to the Unity Day as they would like to have sales of AA Books and merchandise.

**LCM North Amador Hwy 49:** – Open

**LCM Upper Amador Hwy 88:** Cecilia S – Not present

**LCM San Andreas – West Point:** – Open.

**LCM Valley Springs/Ione/Comanche:** Dorothy S – Not present

**Recording Secretary/Publications:** Mike C – No update

**Treasurer:** Randy S – Submitted report:

			June	2023
			( 1 June - 30 June)	
<u>Group Contributions:</u>				
Amador County Speakers Meeting			\$	200.00
Arnold Freedom from Alcohol			\$	159.00
Jackson Fellowship			\$	60.00
Mt Ranch Fellowship			\$	100.00
Pioneer Step Sisters Group			\$	115.20
Valley Springs Fellowship			\$	555.46
West Point AA			\$	50.00
7th Tradition at District Meeting			\$	47.00
		Total Inflow	\$	1,286.66
<u>Expenses:</u>				
District Storage			\$	80.00
Rent (June, July, August)			\$	105.00
Hotline -Delta Intergroup (April and May)			\$	50.00
District Insurance			\$	1,189.00
District Meeting Supplies and Refreshments			\$	34.19
Workshops			\$	165.33
		Total Outflow	\$	1,623.52
		<b>As of :</b>		<b>6/30/2023</b>
Checking Account Balance			\$	14,221.87
Savings Account Balance (Prudent Reserve)			\$	3,008.60
		Total	\$	17,230.47
<b>Treasurer's Commentary:</b>				
Year to date contributions from groups are exceeding budgeted contributions significantly.				
Actual expenses are less than budgeted.				
Prudent Reserve will be increased by \$ 2,500 to approximate 5 months of expenses.				
A working checking account balance for the next Fiscal Year will be \$ 2,200.				
This will result in \$ 9,500 being available for dispersion as District directs.				

Motion 1<sup>st</sup> – Greg N / 2<sup>nd</sup> – Harry T. Motioned passed  
**Finance Committee: Dorothy S (Chair) ,Greg N, Diana F, Randy S** – See old business.

**Directory/Website Chair: Jim B / Mike C** – Jim formally signed off as webmaster. Mike will take over the role.

**Archives Chair: Susan R:** I ordered a new case for our display of archives.

**Unity Day: Mike C** – All speakers have been identified. Everything is on schedule for Oct 28 event!

**Grapevine Chair: Paul C** – No report

**Bridging the Gap Chair: Arrah M** – Did a presentation at The Lakes Rehab Center for 37 people and forwarded 5 Temporary Contact Requests onto Area 7 for distribution. Did a presentation at Turning Point Rehab Center for 5 people and forwarded 1 Temporary Contact Request onto Area 7 for distribution.

**PI/PCP: Harry T** – This month our attention is focused again on Amador County. We will be attending the first Fund raiser in support of California Careforce. This Golf Tournament is Saturday July 22nd in Roseville Golf Course. AA will participate in a foursome playing with additional sponsors to help this SPRING into giving event. We in AA do not give financial support to organizations, but do show them though our programs how we can offer mental and emotional help through the 12 steps of Alcoholics Anonymous.

**H&I Liaison Amador County :** CeCe – No update

**H&I Liaison Calaveras County: No Report**  
**YPAA – Young People in AA - Open**

**Responsibility Declaration:** “I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible.” was recited by the Group. Meeting adjourned 11:45

**Next Meeting: Aug 12, 2023 at 10:00 a.m. Hybrid on Zoom and St. Mathew’s Church**

**GSR Reports via Email:**

- **11<sup>th</sup> Step Meditation Meeting Murphy’s – Joy L** – Just starting new rotation.
- **49er Group – Paul C – Friday night** – No report
- **Copper Group – Diana F** – At last Wed night meeting reported regarding the district finances, proposal to not continue with Plain Language Book and the would like to also have the area look at all the items on the Literature committee agenda. The feeling is it is excessive, perhaps being picky about language, cost to keep small updates etc. No input as to the use of excess funds. I back the purchase of Home Group Heartbeat of AA as the "heartbeat" seems to be weaken in some ways. Would be interested in what the packet would contain that the group would actually use. Remaining excess funds could be used to put on the workshops.
- **Easy Does It Group, San Andreas** – Dylan – No report
- **Friday Night Men’s Group, Sutter Creek** – Brian G – No report
- **I’m With You Guys (White Pines Independence Hall)** – Randy S – meeting is steady at 15-20 attendees including about half a dozen from Turning Point. It is held each Tuesday at Independence Hall at While Pines from 7:30-8:30 PM. Todd M. continues to do a fine job as Secretary.
- **Ione Group** – Dorothy – No report
- **Jackson** – Dede L – No report
- **Men’s Freedom From Alcohol Group – Greg A** – No report
- **Mountain Ranch, Friends in Sobriety, Mountain Ranch – Amanda** - Sobriety continues to be celebrated in lively fashion in Mountain Ranch, Wednesday nights at 7:00pm. As an open AA meeting, all are warmly welcomed. We would be overjoyed to have you join us especially on the last week of the month as we celebrate Birthdays with cake, chips and hugs!.
- **Murphys Brown Baggers – Teri C.** – No report
- **Murphy’s Monday Night Meeting – Grace** – No report
- **Murphy’s Tuesday Night Book Study – Susan** - Our group is doing well. We are reading from the Big Book 6-10 people in attendance.
- **New Hope @ Changing Echos – Sunni** – No report
- **Pine Grove Fellowship – Brian S** – No report
- **Plymouth Group – Janet G** – No report
- **Prospectors Group – Cecilia S.** – No report
- **River Pines – Janet G** – No report
- **Sierra Foothills Fellowship, Monday at 7:00 p.m.** – Greg N – No report.
- **There is a Solution Group, Murphy’s – Saturday 10:00 am. Carole S** – Attendance is good and several of us are looking forward to attending the Secretary’s Workshop on June 10!
- **Turning Point Recovery Facility Meeting – Michael M** – No report
- **Valley Springs – Jeff** – No report
- **Valley Springs, Coffee Break Meeting, Wednesday 10 AM Group** – Mike C – No update
- **Villella Hall Topic Discussion Group – Harry T** – This month we have elected our new secretary for the 6 month term from July-December, 2023. He is Tom S. Welcome Tom, Thanks to Jim C for his service!! Our Attendance last night reached 37 sober men and women. This includes attendees from Turning Point our local Arnold SLE. The Chairperson this week covered the topic of service which was met with excellent response from our audience. Our

treasurer continues to make our Tradition 7 contributions to District 30, Area 7, and GSO.

- **Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys M:** No report
- **West Point – Michael S –** No report

**Yours in Service, Mike C., Recording Secretary**

### **District 30 Business Meetings**

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested* AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)

### **District 30 Trusted Servants**

#### **District Committee Member**

Titia Ashby ..... [sv6504tg@gmail.com](mailto:sv6504tg@gmail.com)

#### **Alternate DCM**

Greg N ..... [gregniskanen@gmail.com](mailto:gregniskanen@gmail.com)

#### **Treasurer**

Randy Seale ..... [Jrsealejr@gmail.com](mailto:Jrsealejr@gmail.com)

#### **Recording Secretary/Publications**

Mike Canniff ..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

#### **PI/CPC Chair**

Harry T ..... [harrytittle83@gmail.com](mailto:harrytittle83@gmail.com)

#### **Bridging the Gap Chair**

Arrah M ..... [arrahatjomas@gmail.com](mailto:arrahatjomas@gmail.com)

#### **Hotline Chair**

OPEN

#### **Website Chair**

Mike Canniff..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

#### **Directory**

Carole S ..... [carole336633@gmail.com](mailto:carole336633@gmail.com)

#### **Grapevine Chair**

Paul C ..... [bhipaul@gmail.com](mailto:bhipaul@gmail.com)

#### **Archivist Chair**

Susan Rudolph ..... [Suerudolph3@gmail.com](mailto:Suerudolph3@gmail.com)

#### **Unity Day Chair**

Mike Canniff ..... [Mike.canniff@outlook.com](mailto:Mike.canniff@outlook.com)

### **Addresses for Group Contributions**

#### **District 30 ([cnia30.org](http://cnia30.org))**

P O Box 43 - Murphys, CA 95247

#### **California Northern Interior Area ([cnia.org](http://cnia.org))**

PO Box 161712

Sacramento, CA 95816

#### **General Service Office ([aa.org](http://aa.org)),**

212-870-3400

PO Box 2407

James A. Farley Station

New York, NY 10116-2407

#### **Central California Fellowship of Alcoholics**

**Anonymous, [aasacramento.org](http://aasacramento.org)**

916-454-1100

9960 Business Park Dr., #110

Sacramento, CA 95827

#### **Delta Central Office ([www.aadelta.org](http://www.aadelta.org))**

1525 N. Eldorado St., Suite #3

Stockton, CA 95204

#### **Oficina Latina Central**

600 4th Street

West Sacramento, CA 95691

(916) 372-0343

#### **Oficina Intergrup al del Valle Central**

3744 Atchison Street Ste E

Riverbank, CA 95367

(209) 869-1693

#### **Northern California H&I Committee**

PO Box 192490

San Francisco, CA 94119-249