

CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 28 Issue 8

PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS

August 2021

Mark Your Calendar

District 30 Business Meeting: The District meeting will be held *live* at 10:00 at St. Matthew's Church, 414 Oak St., San Andreas. District meetings are held the second Saturday of the month at 10 am. We will continue to meet live until further notice. Masks and social distancing will be required until further notice.

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church in the Parish Hall on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Not currently meeting in person— meeting by Zoom - Every 3rd Wednesday of the month at 2 pm. When meeting in person, even numbered month's meetings are held at the Martell Perko's. Odd numbered month's meetings are held at Rod's Grill in Calaveras.

District 30 Archives Committee: Every 1st Wednesday 2 to 4 PM Jackson Fellowship, 14 Water St., Jackson. We are meeting live.

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday, East Yolo Fellowship, 1040 Soule St, West Sacramento, CA.

Special Events

Archive History Day—August 28, 2021, 12-7 pm

Theme: Learning From Our History
5:00 pm—Warm-Up Speaker: Jeff P, Manteca
5:15 pm—Main Speaker: Tom W, Oakland
4:00— Spaghetti Dinner; American Legion Hall,
12134 Airport Rd., Sutter Creek, CA 95685
This is a live event. Flyer will be circulated in June,
2021.

Panel 70 District Trusted Servants

The following are the elected District 30 Trusted Servants for Panel 68. (See contact info at end of Newsletter)

DCM – Michael M Alt DCM – Steve H Treasurer – Susan R Recording Secretary – Kathy M

Motto/Theme for Panel 70

"I hear that service will keep you sober."

CNIA District 30 Business Meeting

The District is meeting live at St. Matthew's Church, 414 Oak St., San Andreas, CA, 10 am. Covid19 Information for Amador/Calaveras Meetings: Most meetings are open now but some are still meeting by Zoom. For more information, go to cnia30.org for meeting information, click on meetings and then on printable pdf. Please give Jim B, our webmaster, any updates for your group jbearden@ieee.org. If you think you might have a drinking problem or wish to speak to a member of Alcoholics Anonymous, please contact our Hotline at (800) 851-1304 or (209) 223-4989.

OPEN MEETING

<u>Open with the Serenity Prayer</u> – Michael M -- opened meeting at 10:00 a.m. with the Serenity Prayer.

Read the GSR Preamble - Read by Jeff

Read the Declaration of Unity – Read by Harry Introduction of New GSRs or Visitors here for the first time:

Celebrations or Announcements:

Sheila 46 yrs, Dylan 2 yrs

Read and Discuss Concept of the month – 7th Concept – Read by Steve K. No comments. Cece volunteered for August – Concept 8

<u>Consideration of Minutes</u> – June 2021 Minutes – Motion to Accept Minutes – Motion, 1st Steve – 2nd Harry, Motion carried.

GSR Reports:

- 11th Step Meditation Meeting Murphy's –
 Brian M Absent
- 49er Group Paul C Susan reported Now open live. Celebrated all birthdays for 2021. 25 people attended.
- Angel's Friday As Bill Sees It Open
- Copper Group (Wed 7:30) Open
- Easy Does It Dylan Things are going well, but small group.
- Ione-Comanche Group Dorothy We have reopened the Tuesday night Ione meeting live last Tuesday, July 6th. We had 9 members attend, which we felt was good after 1.5 years off (and without Zoom) for that meeting. We expect to get more of our regulars back as the word gets out. Thanks to Jim, for adding it to the meeting schedule so promptly.
- started on time. Masks are no longer required. We do ask those who have not been vaccinated to continue wearing a mask. Have a new Recording Secretary finally, L.B. We have 1 open Secretary position currently. Our Social Activity Chair, John announced that there will be game nights on Fridays, which includes board games and poker! It was approved for game night will be from 8:00pm til 12:00am. We have an addition to our Bylaw's. It is the addition of Time-Out for continual Individuals who cause problems. We discussed and voted in our process. We have two individuals who

- have been placed on Time Out for 30 days (first offense). Second offenders can be put on Time Out for up to 6 months.
- Men's Freedom from Alcohol Group Arnold –
 Chapel in the Pines –Greg A (GSR) –
- Mokulumne Hill Mike C Meeting is going OK. Covering Step 12 from the Big Book.
- Mountain Ranch, Friends in Sobriety, Mountain Ranch - Casey – Friends in Sobriety, Mountain Ranch, continues to have productive "Daily Reflections" meetings. Although the building is hot and the swamp cooler inadequate, we have 15 - 20 members every week. It is joy to be able to spill our guts with those who understand and make no judgement. Our new "cake lady" is bringing us delicious treats on birthday night. We thank our God for our sobriety.
- Murphy's Brown Baggers OPEN
- Murphy's Women's Book Study, Tuesday –
 Susan. Small group but things are going good.
- Murphy's Big Book Study, Sunday @ 10 am –
 OPEN Zoom ID# 96929806380 Password:
 1935.
- Murphy's Monday Night Meeting Steve H: Absent
- Murphy's Saturday Morning Ask it Basket –
 OPEN
- Pine Grove Fellowship Andrew C Absent (Emailed Report): Hello friends we have 4 meetings active Wednesday Friday Sunday 700pm Friday book study Wednesday topic and Sunday evening speaker meeting Sunday morning also at 1000am living sober book study we are doing well financially we are having our business meeting on the third Wednesday at 800 pm all are welcome we encourage the group to come for about 15 minutes to voice your opinion on ideas for growth and unity in our fellowship I'll talk with Lee our new treasurer to see about district contribution that should be made hopefully we will talk about some summer outside events to have group get together for speaker meetings and food and fellowship thanks for letting be of service and

- welcome to Brian our new Sunday evening secretary happy summer all
- Prospector's Group OPEN
- Railroad Flat Rebekah Z (emailed report):
 Thursday at 7pm Book Study, currently in Big Book. Healthy Meeting of 10-12 people weekly.
- Sierra Foothills Fellowship OPEN
- Sisters in Sobriety, Murphy's OPEN Casey reported that rent was increased and the group may move.
- Sutter Creek Friday Night Men's Group Brian
 G Absent
- Valley Springs Tom and Jeff: All meetings are back live. 9 meetings per week. Some money went missing, but this is being addressed. There will be a new Treasurer. Once the prudent reserve gets back to normal, regular distributions will start. Valley Springs is having a Lake Day at New Hogan. There may be a conflict with archive day on August 28.
- Valley Springs, Coffee Break Meeting,
 Wednesday am Group Michael No report
- West Point Rebekah Z (emailed report):
 West Point Thursday at 7pm Speaker/discussion meeting, once a month an
 "As Bill See's It" meeting healthy meeting of 8 12 people weekly.
- White Pines Topic Discussion Group Meets Thursday evenings 7:30pm – Jim B. GSR: We are continuing, at least for the rest of the summer, to hold both "live" meetings, at our usual meeting place in Villela Hall at the Chapel in the Pines in Arnold, and Zoom meetings, where we continue to get guests from other locations, a definite benefit of that format. We will probably have a group conscience, at some point, on what the meeting format will be going into the fall.
- Young at Heart Meeting, Angels, 1141 S. Main Street, Angels Camp – Chrys Mollett: No report.

Old Business:

- Archive History Day Volunteers have jumped in to help Del with cooking. Del M will coordinate the cooking with the help of Marc W, Gordon S, Diana F, and Mary M and a host of other volunteers. American Legion hall reported that we can expand capacity. [Del says he has all the volunteers needed for the kitchen]. But may still need help with prep and service work.
- O Gold Country This has been disbanded. Old supplies are located at Jackson Fellowship. Some of these will be used for Unity Day. Angela and John emptied the Storage Unit. We will have a refund coming as we paid rent through July. When that is received we will decide how the balance in the accounts should be distributed. Susan is going to help Dorothy with this.
- <u>New Business</u>: (Check with members for additional New Business)
 - General discussion over active/live meetings. There has been several meetings that remain closed, but are listed on the CNIA30 meeting list. Harry mentioned that Oct 1 is the deadline for a printed copy of meetings. Sheila volunteered for Amador. Steve K volunteered for Calaveras.
 - District Insurance update It turns out that we were without insurance for 2020.
 And we have been dropped from old plan. New estimates \$635 (from Mark Twain). Susan will research other policies and bring back update in August meeting.

5-MINUTE BREAK:

Trusted Servants and Committee Reports:

DCM: Michael M Panel 70: Michael has been attending many open meetings in the Hwy 4 corridor. No area meetings in person to date – everything in Zoom. Will be considering another term in 2022. Will be attending Archive History day.

LCM Hwy 4 Corridor: **Steve K** – Thinking about having an event in Murphy's Park. Target Oct.

LCM North Amador Hwy 49: – Fiddletown, River Pines - Open

LCM San Andreas – West Point: **Rebekah Z**: Absent – no report.

LCM Valley Springs/Ione/Comanche: OPEN Recording Secretary/Publications: Kathy M — Please submit report prior to District meeting or no later than 1 week after. Also, when giving your report, please identify what group you represent so I can properly insert your report.

Treasurer: Susan R -

June Income \$688.00
Beginning Balance \$6818.14
June Expenses \$297.13
Ending Balance Checking \$6653.47
Prudent Reserve \$3006.72
7TH TRADITION DONATIONS – March 2021

Group Donations	
Mountain Rach	80
White Pines	71
Murphy's Group	483.53
Total	\$634.53

Please send donations to Susan: PO Box 43, Murphys, CA 95247

Motion for Treasurer's Report (February): Motion, 1st Harry, 2nd Jeff, motion carried. Motion carried Finance Chair(s): Susan, Del M, Kathy M — Budget needs to be approved. Kathy to send out emails to all GSRs asking for approval via email.

PI/PCP: Del M – Absent

Hotline – Steve reported that he needs to get an up to date meeting list.

Bridging the Gap Chair: Andrew C – Hey I'm enjoying my new job I'll be touching basis with some new volunteers to go to some of the faculty's here locally. Monday I'm calling Golden Ages to set up a demonstration and as well as Turning Point in Arnold I also have to reach out to the Lakes in Copper plus I didn't hear back from Travis and to see if Jason in Sonora will help me. I can do it in my own but he new Jason who had been out there before so I'll set up a date and I have two lady volunteers to go out with me to setup release date cards and give them hope and courage when they get ready to be released we can be there for them.

Directory/Website Chair: **Jim B** – I am getting notices of several meeting changes every week, mostly resumptions of live meetings, and trying to get these changes posted as soon as possible, so everyone will know where to find meetings in their area. Please

continue to notify me of any changes in meeting schedule or formats, and I will try to keep the information updated on the Web site.

Archivist: Kathy M: The Archive Committee met via Zoom on July 7, 2021. We discussed the schedule for Archive History Day and all the supplies we will need for the event. Del and I plan on being at the event, God willing. Del has a small army of people helping him in the kitchen to prepare and serve the spaghetti dinner. Tom W, our main speaker and Jeff P, our warm-up speaker are still on our agenda. We will present two histories during the afternoon before the dinner. Our main speaker will start at 5:00 p.m. after the spaghetti dinner.

Alternate Archivist, Marc W: Absent

Unity Day: Mike C – On Hiatus.

Grapevine Chair: **Harry T** – Read quote for Grapevine. **H&I Liaison Amador County**: – **Sheila W** – Still not ready for AA to return to county jail. Mule Creek is having meetings on a week by week basis depending on covid reports.

H&I Liaison Calaveras County: Andrew – Susan reported that the county jail and fire camp is back open. Need women volunteers. Andrew may not be liaison at this time. Greg E is available as liaison.

<u>Responsibility Declaration</u>: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible." was recited by the Group.

Next Meeting: August 14, 2021, at 10:00 a.m.

Yours in Service, Kathy M., Recording Secretary (Notes Taken by Mike C) - 209-470-1626

District 30 Business Meetings

CNIA District 30 is meeting in person. CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all *other interested AAs* are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (Please bring your own coffee but we have doughnuts!)



District 30 Trusted

Addresses for Group Contributions

Be sure to include your group name and six-digit GSO ID number on your check.

District 30 (cnia30.org)

P O Box 43 - Murphys, CA 95247

California Northern Interior Area (cnia.org)

PO Box 161712 Sacramento, CA 95816

General Service Office (aa.org),

212-870-3400 PO Box 459 New York, NY 10163

Central California Fellowship of Alcoholics

Anonymous, <u>aasacramento.org</u>

916-454-1100 9960 Business Park Dr., #110 Sacramento, CA 95827

Delta Central Office (www.aadelta.org)

1525 N. Eldorado St., Suite #3 Stockton, CA 95204

Oficina Latina Central

600 4th Street West Sacramento, CA 95691 (916) 372-0343

Oficina Intergrupal del Valle Central

3744 Atchison Street Ste E Riverbank, CA 95367 (209) 869-1693

Northern California H&I Committee

PO Box 192490 San Francisco, CA 94119-249