

CNIA District 30 Newsletter

A confidential newsletter, published by the trusted servants of District 30 of the California Northern Interior Area 7 (CNIA), a General Service Area of Alcoholics Anonymous. Articles appearing in this newsletter are the opinion of their authors.

Vol. 27 Issue 4 PLEASE SHARE THIS NEWSLETTER AT YOUR MEETINGS April 2020

Mark Your Calendar

District 30 Business Meeting: Normal meetings are held the second Saturday of the month at 10 am. St. Matthew's Church, 414 Oak St., San Andreas.

First District Zoom meeting was conducted on April 11, 2020.

Arnold Mountain High Speaker Meeting: First Saturday, 4 pm, Villela Hall, Arnold.

Valley Springs Fellowship Potluck Speaker Meeting: Second Friday, 7 pm, Daphne St., (brown building behind Vet's Hall)

Amador County Speaker Meeting – 3rd Saturday 6 PM held at St. Patrick's Catholic Church Hall, 115 Court Street, Jackson in back of the church on Kearney St.

H&I Committee Meeting, Amador: Odd numbered month, Second Wednesday, 6 pm, Jackson Fellowship, 14 Water St., Jackson

PI/CPC Committee Meeting: Every 3rd Wednesday of the month at 6 pm. Even numbered months meetings are held at the Martell Perko's. Odd numbered month's meetings are held at Rod's Grill in Calaveras.

District 30 Archives Committee: Every 1st Wednesday 2 to 4 PM Jackson Fellowship, 14 Water St., Jackson

California Northern Interior Area

Area Committee Meeting: Monthly 3rd Saturday, East Yolo Fellowship, 1040 Soule St, West Sacramento, CA.

Special Events

Unity Day – June 13, 2020, San Andreas Town Hall, San Andreas – save the date

Archive History Day – August 29, 2020, 12;00 7:00 p.m. American Legion Hall, Sutter Creek, CA save the date

Panel 70 District Trusted Servants

The following are the elected District 30 Trusted Servants for Panel 68.

DCM – Michael M Alt DCM – Steve H Treasurer – Susan R Recording Secretary – Kathy M

Motto/Theme for Panel 70

"I hear that service will keep you sober."

CNIA District 30 Business Meeting

St. Matthew's Church, 414 Oak St., San Andreas **OPEN MEETING**

Open with the Serenity Prayer – Michael M opened meeting at 10:00 a.m. with the Serenity Prayer.

Read the GSR Preamble – Read by Nancy

Read the Declaration of Unity – Read by Del

Introduction of New GSRs or Visitors here for the first time: Sheila W – H&I Amador County Liaison, Darcy - Arnold, Rudy – Arnold area.

<u>Celebrations or Announcements</u>: Steve H recently had surgery. Cancer free at home recovering.

Read and Discuss Concept of the month – 4th Concept – Harry T. Discussion: GSR carry the message back to the group. Chrys M – likes minority opinion.

<u>Consideration of Minutes</u> – March 14, 2020 Minutes – Motion to Accept Minutes – Del/Cecelia. Motion carried.

GSR Reports:

- 11th Step Meditation Meeting Murphy's Brian.
- 49er Group Paul C.: No report
- Angel's Friday As Bill Sees It Open
- Copper Group (Wed 7:30) Diana Absent
- Ione-Comanche Group Open
- Jackson Fellowship Cecelia: Doors are open. Rent will be waived by landlord. We had our first Zoom Sterling Committee meeting on April 1...no fooling. Treasure Report - Angela. Have decided to accept donations via mail. Donations should be sent to P.O. Box 136, Jackson 95642. Also discussed creating PayPal or Venmo account. H&I – Jails are not allow any visits at this time. Everyone has been informed. I gave reports on upcoming Secretary and Sponsorship Workshops from District 30 Meeting notes. New Business: Discussed Zoom meetings that are currently online and changing daily. District maintaining a list of on-line meetings. See https://cnia30.org/on-line meetings/. Number of meetings change daily. AA/ Alanon Rents. Landlords giving rent relief. Alanon rent for May will be waived.
- Men's Freedom from Alcohol Group Arnold
 Chapel in the Pines Peter E. Holding

- meetings on Zoom. The meeting is 7PM Fridays via Zoom.
- Mountain Ranch, Friends in Sobriety Casey –
 Absent
- Murphy's Brown Baggers Pam R: Absent
- Murphy's Monday Night Meeting Steve H: Monday 7:00-8:00 p.m. – Absent
- Murphy's Saturday Morning Ask it Basket –
 Ryan K: Absent
- Pine Grove Fellowship Gordon Absent
- **Prospector's Group –** Liz Absent
- Sierra Foothills Fellowship OPEN
- **Sisters in Sobriety, Murphy'**s Debbie: Absent
- Sutter Creek Friday Night Men's Group Brian
 G Absent
- Valley Springs Tom and Jeff: Absent
- White Pines Topic Discussion Group Arnold -Jim B: My GSR report for the White Pines Topic Discussion Group, which meets in Arnold on Thursday evenings, is that we have been holding Zoom "virtual" meetings, like many other groups, and the two that have been held up to now were successful. We had 18-20 participants most of the time, and were able to carry on good discussions, since everyone seems to have figured out how to mute, and unmute, their microphones at appropriate times. There was a group-conscience vote, in a business meeting after the last regular meeting, that they did not want the Zoom login information for this meeting posted on the District 30 Web site, at least for now, so it will not be.
- Women's Book Study, Murphy's Nancy Two unofficial meetings in her garage have turned into Zoom meetings. She had 11 attendees. Since our last district meeting our Sister Titia set up a zoom meeting for us during this time if the pandemic. We have averaged about 20 attendees to our virtual meeting. Grateful for technology helping us get through this difficult time. Blessings to everyone.
- Young at Heart Meeting, Angels Chrys M newcomers are all seem to have sponsors. Phil back in Avalon.

Old Business:

- Budget Prep., Spending Plan: Del, Budget
 Chair Highlighted areas on the Proposed
 Spending Plan have been changed on
 finance committee recommendations. Up
 to District 30 to ratify spending plan. The
 District's fiscal year is from July to next June
 30, 2021. Process: GSRs take Proposed
 Spending Plan back to group for group
 conscience. We will either approve or
 amend the spending plan. Please take
 District 30's Proposed Spending Plan back
 to your groups for group conscience so we
 can vote in May or at the latest June.
- Sponsorship Workshop We do not have line items for a sponsorship workshop.
 Recommended Sponsorship Chair to submit a budget proposal for the workshop.
 Approved workshops have been sporadic and funded by Expense Request(s), with fellowships donating meeting rooms and pizza. Steve asked for a specific amount (\$500). Michael assured that we would work it out and the workshop would be funded.
- Secretary Workshop Tabled.
- Pre-Conference Assembly Update: Michael the Preconference assembly was on Zoom. No GSR's showed up. Michael utilized the Right of Decision as he had no input. He did get to share. His opinion for the group went with voting on No. 6 literature, letter K consider simplified letters in Big Book He voted "No." Letter K consider to revise the Big Book the first 164 pages he voted no. Letter M No. 2 5th Ed Big Book with updated stories he voted "yes." Letter P revise 12 x 12 page 66, step 6 he voted "no."

Workshops:

<u>Secretary's Workshop</u>: Peter E – Original was April 26, 2020 in Murphys has been temporarily abandoned. Tabled.

Sponsorship Workshop: Steve K – I was asked by the Sponsor Workshop Committee to request \$500 to roll

that out. It will likely be closer to \$300. I asked a few people to bring it up in my absence, but it appears that did not happen. I think something needs to be added to the budget.

New Business:

- Zoom Meetings Del: Had meeting of PI Committee (group conscience of website). Dave L, Harry, Michael, Del, and Jim. Flying blind. Technology was wanted on the website. Jim was great getting meetings on the website. We need to discuss how to proceed. A decision needs to be made. Need to give Jim some guidance on what we put up on the website. We need to put it out there for the alcoholic who is still suffering. How do we reach the people who need it? Each group is autonomous and can made the decision not to put it on the website. More importantly, we need to post groups who are not meeting and who are. Are we going to put out a directive to the groups that we not meet? We need some direction.
 - Joe: Give summary of Hwy 4: original intent for meetings was to provide opportunity to join groups. Needed to use phones and go to AA intergroup to be involved with some meetings. They started their own Zoom meetings. They started 3-4 meetings in Arnold. Thought the District was posting links without groups being contacted. Two meetings were Zoom-Bombed last week. Two options: Don't post meetings but how to reach newcomers? There are a lot of meetings available. Does everyone need access to every meeting? There is a lot of access in other areas. Hwy 4 personal outreach, done by phone, text, email. This has worked very well. 20-25 people have attended. Suggestion: at our 800 number -- refer to Zoom meeting? A contact email to perform screening or posting the meeting. If we do post meetings and share links on the District website, it is no longer private.

- How do prevent obstruction of the meeting? There have been numerous obstructions (Zoom-Bombing). Malware and viruses can be imbedded. Zoom is trying to patch all the holes. How do we share access to meetings? Awareness and educating is important. Be a little more secure and then share the meetings.
- Mike C Jackson Fellowship he recognizes the security concerns. He hasn't had any problems as yet. Longer term thinking – yes we will probably be on lock down for a while. Do we wind down these meetings after we go back to regular meetings? Keep it simple model are his thoughts. If there is an AA meeting not registered with NY or the District – is it part of AA?
- O Del do Zoom-Bombers have the ability to drop links into the meetings? Do not click on any links in the meetings. Need to get information out to whoever needs the information. How to do that? Pin up information on door? Work with Webmaster, Hotline Chair, PI Chair and decide how to get information out to the public. What to do for shut-ins, newcomers. We need to reach out. PI to hold emergency meeting next week (Wednesday). Open/Closed meetings – post meetings that are closed.
- Susan passwords up to host to monitor attendees. Need a Public Service Announcement. Attendees video should be a live video, no pictures.
- Nancy very concerned about doing the meetings. One suggestion: setup in settings, change your name to first name and last initial. Not having the actual ID's on the webpage. Brown Baggers meeting: a really long list was posted. She received a long sermon. She suggests you delete anything that looks wrong. She hopes that everyone

- goes to the location where the meeting is supposed to be and give out information about the meeting. Notices on physical location door -- need information to contact a representative of that meeting. Suggestion: post next to meeting on website an update on that meeting.
- Michael we want to provide the link to the newcomers. How to be accessible without being compromised? Do we just trust? A lot of unknowns. Michael talked to an expert about his settings and security to protect meeting. Host's email be available. Do we need a new position in the district who monitors and disseminates information about Zoom meetings? This will be turned over to the PI committee. A lot of good information and discussion. A decision needs to be made. Guidelines need to be set.
- Rudy Literature answers the question 4th Tradition. Shouldn't lock members out. Security is never guaranteed. Be aware of loopholes. As far as group conscience, have we violated group conscience if we have been locked out. It violates the Unity Declaration. We are affecting AA as a whole. If we hijack published meetings, we are violating the 4th Tradition. If we lock any door, we are violating AA as a whole. If we limit access for any reason, are we denying the newcomer access. Are we excluding people if our schedule lists that group as "open?"
- Sheila: Need step study workshop on Zoom. Sheila has been involved in the technical aspect of security on the internet for over 40 years. She has attended meetings all over the world. She has not observed in her own group any disruptors yet.
- Del our District does not allow phone numbers or contact information on

- website. Del wants to have a PICPC emergency meeting to discuss using the hotline.
- Jim Webmaster: There are 15 meetings right now. Some have chosen not to be listed. Please send Jim any meetings that groups want listed. Please take a look at the District website.
- Steve Hotline number can we use the hotline to put information out?
- 7th Tradition Discussion each Zoom meeting should make.
- 7th Tradition suggested sending money to representative of the group. Susan needs check or money order from District members.
- New Interim PI Chair Darcy has volunteered to be on the committee. Sheila W also volunteered to be on the PI committee. Nominate Del M for Public Information (PI) Chairperson & Harry/Alternate PI Chair – Motion: Susan/Michael for Del & Susan/Kathy for Harry – passed.
- Continue paying rent to St. Matthews Susan yes continue to pay rent. Motion m-Michael/Del – motion passed.

Trusted Servants and Committee Reports:

DCM: Michael M Panel 70: He attends many Zoom meetings and PI Meetings. Its unchartered territory. Has been to area meeting on Zoom. Went very well. Pre-Conference Assembly also on Zoom – went well.

Alt DCM: Steve H: Absent

LCM Upper Amador Hwy 88: Dave L: Absent – No report.

LCM Hwy 4 Corridor: Steve K – most of the meeting have been converted to Zoom meetings. The list has been shared across many members to include ID's and passwords (see attached). There remains the issue of not publishing these and I promised I would not do that. The agreement is that I can share with other AA's. LCM North Amador Hwy 49: – Fiddletown, River Pines. No report.

LCM San Andreas – West Point: Rebekah Z – Absent – No report.

LCM Valley Springs/Ione/Comanche: Andrew – Absent. No report.

Recording Secretary/Publications: Kathy M – Please send reports in prior to meeting to Katheryn mitchell@comcast.net.

Treasurer: Susan R –. Needs to go over contract for the Hotline – Volcano Communications and ATT. Bill has gone up. Do we need to renegotiate our contract? We do have money for the sponsorship workshop.

March Income \$ 160.00
Beginning Balance 5398.03
March Expenses 785.74
Ending Balance (Checking) 4772.29
Prudent Reserve 3005.44

Motion for Treasurer's Report: Motion - Harry/Del - Motion carried.

Finance Chair(s): Susan, Del M, Kathy M – See above in Old Business.

PI/CPC Chair: Dave L: Del voted in/Harry Alternate. Next PI Committee meeting -- Wednesday afternoon, 1:00 p.m.

Hotline Chair: Steve K. – issue of no meetings and what to tell anyone who calls the Hotline. My laptop shut down Zoom during our Saturday meeting for no known reason and I could not get back in. I was hoping to talk about this. Somewhere and somehow, we need to get information to the Hotline. Personally, I think it best that they just refer the caller to someone on the list and let that person discuss meetings. I don't see the Hotline needing the Zoom meeting information.

BTG Chair: Andrew: Absent

Directory/Website Chair: Jim B – For the District 30 Web site, I've set up a new "On-Line Meetings" page under the "Meetings" heading, and it shows all the meetings which are using "Zoom" and chose to be listed on the Web site, together with the Zoom access codes, which users can click on to join any of the meetings. I also posted links to some of the documents about managing Zoom meetings, including preventing disruptions from "Zoom-bombers" and internet trolls. I hope that the experience in meetings presently posted will be a positive one, and that more meetings will choose to be listed here in the future. Please, as always, use the "errors or updates" link on this page to make me aware of any problems or omissions in the listings. Archivist: Kathy M. -- Archive Committee met by Zoom on 4/7/20, outside our normal monthly meeting. Jim B, Archivist from Akron, Ohio attended our Zoom meeting. Discussed Archive History Day moving forward in August. Last month, we cleaned and filled the 10 new display cases with artifacts for future events. We are working on 4 group histories for Unity Day. We have one new member, Marc W. Our August 2021 Archive History Day will host Father Tom W from Oakland as our main speaker.

Unity Day: Mike C. – Will we have it in June? Status – nothing has happened in the last month. We were planning to meet right after today's meeting.

Grapevine Chair: Harry T.: Will be participating in Archives and Unity Day. Read the reading for the day from Grapevine. In good shape and making Zoom meetings.

Gold County Roundup: Angela- Absent

H&I Liaison Amador County: —. Sheila W has stepped up
as liaison for H&I Amador County.

H&I Liaison Calaveras County: Andrew — Absent.

<u>Responsibility Declaration</u>: "I am responsible. When anyone, anywhere, reaches out for help I want the hand of AA always to be there. And for that, I am responsible." was recited by the Group.

Next Meeting: May 9, 2020 at 10:00 a.m. at either Zoom.us or St Matthews Church, San Andreas (TBA).

District 30 Business Meetings

CNIA District 30 includes all groups in Calaveras and Amador counties. GSRs and all other interested AAs are invited to attend the monthly business meeting normally held at St. Matthew's Church, 414 Oak St., San Andreas, the second Saturday of the month at 10 am.

Everyone is welcome to attend district meetings. If you are at all interested in doing this level of service or if you would just like to know what goes on, please join us. (We have coffee and doughnuts!)



Addresses for Group Contributions

Be sure to include your group name and six-digit GSO ID number on your check.

District 30 (cnia30.org)

P O Box 43 - Murphys, CA 95247

California Northern Interior Area (cnia.org)

PO Box 161712 Sacramento, CA 95816

General Service Office (aa.org),

212-870-3400 PO Box 459 New York, NY 10163

Central California Fellowship of Alcoholics Anonymous, aasacramento.org

916-454-1100 9960 Business Park Dr., #110 Sacramento, CA 95827

Delta Central Office (www.aadelta.org)

1525 N. Eldorado St., Suite #3 Stockton, CA 95204

Oficina Latina Central

600 4th Street West Sacramento, CA 95691 (916) 372-0343

Oficina Intergrupal del Valle Central

3744 Atchison Street Ste E Riverbank, CA 95367 (209) 869-1693

Northern California H&I Committee

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